

## MEDICAL HEALTH

### HOLISTIC HEALTH

*holisticfestivals.com*

Apps: *Head Space*

*Aura Health*

**Washington (509)**

**Saturn Clinic** 826 N Mullan, Ste B  
Spokane Valley 99206 **342-7411**  
*saturnclinic.com*

**Idaho (208)** *FB@CDA.Healthy.Living*

**CdA Acupuncture & Holistic Healing** *cdahealing.com*  
810 E Sherman, Coeur d'Alene 83814  
Toby Hallowitz, ND, MSOM, LAc **665-2293**  
Acupuncture, holistic skin care,  
naturopathic medicine & nutrition.

### MEDICAL RESOURCES

**Washington (509)** *wsha.org*

**CHAS Health** 444-8200  
611 N Iron Bridge Wy, 99202 *chas.org*  
Billing **444-7880** Pharmacy **444-8200**  
24/7 Nurse Hotline **866-418-1002**  
Online **444-8200/866-907-8200**  
Nonprofit system of community  
clinics providing medical, dental,

behavioral health, pregnancy and pharmacy services to people of all ages regardless of insurance status or ability to pay. Helps enroll patients in WA Apple Health and other marketplace insurance. Bills private insurance or uses sliding fee scale. based on income and household size. Offers a mobile clinic.

**Spokane City & County** 444-8200  
These locations offer medical\*, behavioral health\* and pharmacy:  
5921 N Market MAT-BP & NA  
3919 N Maple MAT-BP & NA  
15812 E Indiana MAT-BP & NA  
5620 S Regal, Ste 11 MAT-BP & NA  
914 W Carlisle 1001 W 2nd MAT - NA  
1622 E Wellesley 3002 E Mission  
505 E Stonewall 1720 2nd, Cheney  
401 S Main, Deer Park\* MAT - BP&NA  
**Urgent Care Clinics** 434-1990  
**North** 5901 N Lidgerwood, Ste 126  
**Spokane Vly** 1502 N Vercler **444-8204**

**Chewelah Associated Physicians**  
410 E King/POB 137, Chewelah 99109

**Columbia Basin Health** *cbha.org*  
**Otehllo Clinic MAT-BP**  
1515 E Columbia, 99334 **488-5256**

**14th Ave Clinic** 475 N 14th, 99344

**Columbia County Health System** *cchd-wa.org*  
**Dayton General Hospital** 382-2531  
1012 S 3rd, 99328  
**Family Clinic (MAT-BP)** 382-3200  
**Waitsburg** 235 E Main, 99361 **337-6311**

**Concentra Northside** *concentra.com*  
**467-4545**  
9222 N Newport Hwy, Ste 1  
**South Hill** 2005 E 29th **747-0770**  
**Spokane Vly** 15425 E Mission **924-7010**

**Deer Park Family Care Clinic**  
905 E D St *dpfcc.com* **276-5005**  
POB 1529, Deer Park 99006

**East Adams Rural Healthcare Emergency Svcs & Clinic** 659-1200  
903 S Adams, Ritzville 99169 *earh.com*  
**Washtucna Clinic**  
545 SE Church **646-3290**

**Excelsior Family Medicine** 467-1100  
Northpointe Medical Center, 9631 N  
Nevada, Ste 202, 99218 MAT - BP&NA  
*excelsiorfamilymedicine.org*



**CDA Acupuncture and Holistic Healing**

*Acupuncture • Naturopathic Medicine • Chiropractic  
Counseling • Massage • Holistic Esthetics • Nutrition  
IV Therapy • Classes • Nature Care • Retail*

**CDAHealing.com 208-665-2293**

# Specialized Care for People 60+

Medical • Dental • Pharmacy • Behavioral Health

More than 20 convenient locations in the Inland Northwest, including our North Central Clinic that specializes in senior healthcare.

We accept Medicare, Medicaid, and private insurance.

**509.444.8200 • chas.org**



**West Excelsior Wellness Center**  
3754 W Indian Trail, 99208  
[excelsiorwellness.org](http://excelsiorwellness.org) **559-3148**  
Offers wellness checks, preventive care, sports physicals, immunizations, screenings, behavioral health and optometry. Takes most insurance, Medicaid and reduced pay service applications.

**Ferry County Memorial Hospital**  
36 Klondike **775-3333**  
Republic 99166 [fcphd.org](http://fcphd.org)  
**Republic Medical Clinic 775-3153**  
10 Ros Circle, 99166

**Franklin Park Urgent Care Center** MAT-BP & NA [fpucc.com](http://fpucc.com)  
5904 N Division, 99208 **489-1150**

**Garfield County Hospital District Hospital** 66 N Sixth St **843-1591**  
Pomeroy 99347 [pomeroymd.com](http://pomeroymd.com)  
**Medical Clinic** 446 Pataha 99347

**Indigo - MultiCare** [indigourgentcare.com](http://indigourgentcare.com)

**Airway Hgths** 9746 W Sunset, Ste D, 99224  
**Liberty Lake**  
1429 N Liberty Lake, Ste A, 99019  
**Millwood** 2713 N Argonne **598-7860**  
**North Spokane** **598-7744**  
9420 N Newport Hwy, Ste 103  
**Shadle** **598-7870**  
2401 W Wellesley, Ste 103 99205  
**South Hill** 4911 S Regal **598-7810**  
**Valley** 15605 E Sprague **598-7820**

**Kaiser Permanente Medical Centers** Member Svcs **888-901-4636**  
Consulting Nurse Svcs **800-267-6877**  
[kp.org](http://kp.org) Social Work Svcs **877-216-6216**  
**Kendall Yards** **625-3700**  
546 N Jefferson, Ste 200, 99201  
**Lidgerwood** **482-4402**  
6002 N Lidgerwood, 99208  
**Riverfront** **324-6464**  
322 W North River, 99201 (MAT-BP&NA)  
**South Hill** **535-2277**  
4102 S Regal, Ste 101, 99223  
**Veradale** **922-2625**  
14402 E Sprague, 99216

**Lincoln Hospital** [lincolnhospital.org](http://lincolnhospital.org)  
10 Nichols, Davenport 99122 **725-7101**  
**Davenport Clinic** 100 3rd **725-7501**  
**Reardan** 550 E Broadway **796-2737**  
**Wilbur Clinic** 214 SW Main **647-5321**

**MultiCare Hospitals & Emergency Dept** [multicare.org](http://multicare.org)  
**Deaconess Hospital** **603-5800**  
800 W Fifth, 99204 Dept **458-5800**  
**Deaconess North Emergency**  
8202 N Division, 99208 **603-5800**  
**Valley Hospital** **924-6650**  
12606 E Mission, 99216

**Newport Hospital & Health Svcs**  
714 W Pine, Newport 99156 **447-2441**  
[newporthospitalandhealth.org](http://newporthospitalandhealth.org)  
**Family Practice (MAT-BP) 447-3139**

**NE Washington Health Programs**  
509 E Main [newhp.org](http://newhp.org) **935-6001**  
POB 808, 99109 Billing: **935-4730**  
**Chewelah** **935-6004**  
518 E Clay/ POB 198 99109  
**Colville** 358 N Main, 99114  
**Lake Spokane**  
5952 Blackstone, Nine Mile Falls 99026  
**Loon Lake** 3994 Colville/POB 303, 99148  
**Newport** 435 W Walnut, 99156  
**Selkirk** 208 Cedar Creek Terrace  
POB 197, lone 99139  
**Springdale** 114 S Main/POB 126, 99173

**Odessa Mem. Healthcare Center**  
502 E Amende **982-2611**  
POB 368, Odessa 99159 [omhc.org](http://omhc.org)  
**Rural Health Clinic** **982-2614**  
510 E Amende/POB 190, 99159

**Palouse Medical** **332-2517**  
825 SE Bishop Blvd, Ste #200  
Pullman 99163 [palousemedical.com](http://palousemedical.com)

**Providence** [providence.org](http://providence.org)  
**ExpressCare** **888-227-3312**  
**Airway Heights**  
10258 W Sunset Hwy, Ste 6, 99224  
**College Place**  
1705 SE Meadowbrook Blvd, Ste 2  
**Indian Trail** 9027 N Indian Trail, 99208  
**Lincoln Heights** 2923 E 29th, 99223  
**Ruby** 105 E Mission, Ste D, 99202

**Providence Family Medicine**  
**Northpointe** **626-9420**  
9911 N Nevada, Ste 200, 99218  
**North (Spokane)** **252-9602**  
212 E Central, Ste 440, 99208  
**Residency Clinic** MAT-NA  
624 E Front, 99202 **626-9900**  
**South Hill** **626-9400**  
2020 E 29th, Lower Level, 99203  
**North Pines** 1212 N Pines, 99206 **893-8140**  
**Walla Walla** 1017 S 2nd, 99362 **897-8520**

**Providence Hospitals**  
**Holy Family Hospital** **482-0111**  
5633 N Lidgerwood, 99208  
**Mount Carmel Hospital** **685-5100**  
982 E Columbia, Colville 99114  
**Providence Nevada Health Center**  
9922 N Nevada, 99218 **747-6194**  
**Sacred Heart Medical Center**  
101 W 8th, 99204 **474-3131**  
**St Joseph's Hospital** 99109 **935-8211**  
500 E Webster, Chewelah 99109  
**St Mary Medical Center** **897-3320**  
401 W Poplar, Walla Walla 99362  
**Providence NE WA Medical**  
**Chewelah** 100 W South **935-8111**

**MAT-BP**  
**Colville** 1200 Columbia **684-3701**  
**MAT-BP**  
**Garden Homes Clinic** **684-3701**  
143 Garden Homes, 99114  
**Kettle Falls** 840 S Meyers **685-7848**  
**Providence Primary Care**  
**Cowley Park** **381-6505**  
62 W 7th, Ste 320, 99204  
**Hawthorne**  
551 E Hawthorne Rd, 99218 **489-2369**  
**Kendall Yards** **624-0111**  
546 N Jefferson, 99201  
**Providence Urgent Care**  
**Downtown Spokane** **474-2100**  
412 S Division, 99202  
**North Spokane** **489-2369**  
551 E Hawthorne, 99218  
**Spokane Valley** **944-8910**  
16528 E Desmet, Ste A1200, 99216  
**Walla Walla** 1025 S 2nd **897-3000**

**Rockwood Clinics - MultiCare** [multicare.org](http://multicare.org) **342-3100**  
**Main Clinic & Urgent Care**  
400 E 5th, Ste 1 N, 99202 MAT-BP&NA  
**Airway Heights Clinic** **342-3380**  
10414 W Hwy 2, Ste 10, 99224  
**Cheney Neighborhood Clinic**  
19 N 7th, 99004 **235-6151**  
**Deer Park Clinic** **755-5424**  
20 E J St, 99006  
**Liberty Lake Urgent Care** **342-3990**  
1326 N Stanford, 99019  
**Medical Lake Clinic** **755-5300**  
725 N Stanley, Ste D, 99022  
**Moran Prairie** **724-4150**  
3016 E 57th, Ste 27, 99223  
**Northpointe Specialty Center**  
605 E Holland, Ste 200, 99218 **342-3010**  
**Quail Run Clinic** 2214 E 29th **755-5250**  
**Spokane Vly Primary Care** **598-7750**  
1215 N McDonald, Ste 101, 99216

**SonBridge** [sonbridge.org](http://sonbridge.org) **529-3100**  
1200 SE 12th, College Place 99324  
SOS Health Services, volunteer services, English/Spanish messaging.

**SEL Health Services** **338-3800**  
2560 NE Hopkins Ct, Pullman 99163  
[selfamilycenter.com](http://selfamilycenter.com)

**Tri State Hospital** MAT-V & NA [tsh.org](http://tsh.org)  
1221 Highland, Clarkston **758-5511**

**Unify Community Health** [yfwc.org](http://yfwc.org)  
Experienced family practice providers offer a full spectrum of care, including prenatal care and delivery, and care for children. Dental, nutrition, behavioral health, lab and pharmacy services are available for patients.  
**Mission** 120 W Mission **326-4343**

**NECC** 4001 N Cook **483-3427**  
**Pharmacy** **482-4063**  
**Family Medical Center** **525-6650**  
1120 W Rose, Walla Walla 99362

**Walla Walla Clinic & Surgery Cntr**  
[wallawallaclinic.com](http://wallawallaclinic.com) **525-3720**  
320 Willow, Walla Walla 99362

**Whitman Hospital & Medical Center** TDD/TDY **397-2379**  
1200 W Fairview, Colfax 99111  
[whitmanhospital.com](http://whitmanhospital.com) **397-3435**  
**Colfax** 1200 W Fairview, 99111 **397-4717**  
**Garfield** 207 N 3rd, 99130 **635-4550**  
**St John** 8 W Front, 99171 **648-3331**  
**Tekoa** 115 N Crosby, 99033 **284-2423**

#### Idaho (208)

**Benewah Community Hospital**  
229 S 7th, St Maries **245-5551**  
[bchmed.org](http://bchmed.org) **Family Medicine** **245-2591**

**Bonner General Health** **263-1441**  
520 N 3rd [bonnergeneral.org](http://bonnergeneral.org)  
POB 1448, Sandpoint 83864  
**Immediate Care** **263-0649**

**Boundary Community Hospital**  
6640 Kaniksu **267-3141**  
Bonners Ferry 83805  
[boundarycommunityhospital.org](http://boundarycommunityhospital.org)  
**Boundary Clinic** **267-3655**  
**Outpatient Clinic** **267-3141**  
**Rural Health Clinic** **267-3655**

**CHAS Health** **848-8300**  
[chas.org](http://chas.org) Billing **509-444-7880**  
24/7 Nurse Hotline **866-418-1002**

**Latah Community Health**  
803 S Main, Moscow 83843  
**Lewis & Clark Health Center**  
1203 Idaho, Lewiston 83501

**Clearwater Valley & St Mary's Health** [smh-cvhc.org](http://smh-cvhc.org)  
**Clearwater Valley Health** **476-4555**  
301 Cedar, Orofino 83544

**Orofino** 1055 Riverside, 83544 **476-5777**  
**Pierce** 105 W Carle, 83546 **464-2578**  
**St Mary's Health** **962-3251**  
701 Lewiston, Cottonwood 83522  
**Clinic** **962-3267**  
**Craigmont** 320 N Division **924-5504**  
**Elk City** 131 Main, 83525 **842-2652**  
**Grangeville** **983-6027**  
617 W North 2nd, Ste 2, 83530  
**Kamiah** 518 Oak, 83536 **935-2585**  
**Nezperce** 501 Oak, 83543 **937-2496**

**Gritman Medical Center** [gritman.org](http://gritman.org)  
700 S Main, Moscow 83843 **882-4511**  
**800-526-CARE** Billing **882-4611**  
**Family Medicine Downtown**  
623 S Main, Moscow 83843 **882-2011**

# Life, you're at the heart of everything.

 **Providence**  
We see the life in you.

[Providence.org/spokaneheart](https://www.providence.org/spokaneheart)

**You are the reason we'll always  
pioneer new treatments.**

We know that you live fully in the moment. That's why we're dedicated to being at the forefront of cardiac research, clinical trials, and breakthrough procedures, so we're ready when you need us. Because when it comes to matters of the heart, you deserve nothing less than world-class health care.

**Family Medicine Westside**  
2500 W A, Moscow 83843 **874-0075**  
**QuickCARE** 2500 W A, Ste 101 **882-0540**  
**Kendrick Clinic** 606 E Main **289-3841**  
**Potlatch Clinic** 156 N 6th **875-2380**  
**Troy Clinic** 412 S Main **835-5550**

**Heritage Health Center** **620-5250**  
927 E Polston, Post Falls 83854  
6795 N Mineral, Coeur d'Alene 83815  
*myheritagehealth.org*  
**Coeur d'Alene Clinic** **620-5250**  
1090 W Park Pl, 83814  
**Kellogg** 740 McKinley, 83837 **783-1267**  
**Post Falls** 925 E Polston, 83854  
**Rathdrum** 16760 N Hwy 41, 83835

**Kaniks Community Health**  
301 Cedar, Ste 206 **263-7101**  
Sandpoint 83864 *kchnorthidaho.org*  
Offers a mobile clinic.  
**Bonnars Ferry** **267-1718**  
6615 Comanche  
**Priest River Clinic** **448-2321**  
6509 Hwy 2, Ste 101, 83856  
**Sandpoint** 810 6th, 83864 **265-6252**

**Kootenai Health** *KH.org* **625-4000**  
2003 Kootenai Health Wy, CdA 83814  
*AppointmentCenterKH.org*  
**Family Medicine Clinic**  
**Coeur d'Alene** 1701 Lincoln **625-4955**  
**Hayden** 566 W Prairie **625-5155**  
**Ironwood** **625-3500**  
914 Ironwood, Ste 101  
**Post Falls** 1300 E Mullan, #1300 **625-5630**  
**Residency** 1919 Lincoln, #315 **625-6000**

**Kootenai Urgent Care Clinics**  
*kootenaiurgentcare.com* **625-3600**  
**CdA** 700 Ironwood, Ste 120E, 83814  
**Hayden** 566 W Prairie, 83815  
**Post Falls** 1300 E Mullan, #600, 83854  
**Indigo - KH** *indigourgentcare.com*  
**Coeur d'Alene** 2836 N Ramsey **482-3400**  
**Hayden (coming in 2024)**

**Northwest Urgent Care** **209-2060**  
**NW Specialty Hospital** *nwurgent.com*  
**Coeur d'Alene** 315 W Dalton Ste A, 83815  
**Post Falls** 750 Syringa, Ste 100

**St Joseph Regional Medical Center** **743-2511**  
415 6th, Lewiston 83501 *sjrmc.org*

**SEL Health Clinic** **848-8499**  
2857 Juniper, Lewiston 83501  
*selfamilycenter.com*

**Shoshone Medical Center**  
25 Jacobs Gulch **784-1221**  
Kellogg 83837 *shoshonehealth.org*  
**SMC Family Medicine** 858 Commerce  
Dr, Ste 100, Smelterville 83868

**Snake River Community Clinic**

215 10th/POB 6 **743-5899**  
Lewiston 83501 *srrccfreeclinic.org*

**Syringa Hospital & Clinics**  
607 W Main **983-1700**  
Grangeville 83530 *syringahospital.org*  
**Grangeville Clinic** **983-8590**  
722 W North, 83530  
**Elk City** 131 Main, 83525 **983-8590**  
**Kooskia Clinic** 22 N Main **926-4776**

**Tri State Health** *tsh.org*  
**Clearwater Medical** **743-4642**  
1522 17th, Lewiston 83501 (MAT-BP)  
**Family Health** **848-9002**  
2841 Juniper, Ste 2, 83501

**Valley Medical Center**  
**Catalyst Medical Group** **746-1383**  
2315 8th, Lewiston 83501  
*catalystmedicalgroup.com*

**BLOOD/DONOR PROG**  
*redcross.org* *donatelife.net*  
*lcnw.org* *bethematch.org*

**Washington (509)**  
**CSL Plasma, Inc** *cslplasma.com*  
2126 N Monroe **340-6404**  
9621 E Sprague **926-1881**  
**Vitalant** *vitalant.org* **877-25 VITAL**  
**Emergency** **800-821-6277**  
**Blood Center Foundation of the Inland NW** *bloodcenterfoundation.com*  
210 W Cataldo, 99201 **877-258-4825**  
**Downtown** 210 W Cataldo, 99201  
**North Spokane** 10403 N Newport Hwy  
**Spokane Valley** 12117 E Mission

**Idaho (208)**  
**Vitalant** *vitalant.org* **877-258-4825**  
**Cda Cntr** 405 W Neider, Ste 102, 83815  
**Lewiston Center** 1213 21st, 83501

**BRAIN INJURY & NEURO-DIVERGENT**  
*hdsa.org* *stroke.org*  
*headandneck.org* *ahns.info*

**Washington (509)**  
**Brain Energy Support Team**  
**Spokane** **877-719-2378**  
1314 S Grand, Ste 2-128, 99202  
*brainenergysupportteam.org*  
Provides education, peer support, tools  
and strategies for individuals and families  
impacted by brain injury in Adams, Asotin,  
Columbia, Ferry, Franklin, Garfield, Lincoln,  
Pend Oreille, Spokane, Stevens, Walla  
Walla and Whitman counties.

**Brain Injury Assn of America**  
*biausa.org* **800-444-6443**  
**Brain Injury Alliance WA** *biawa.org*  
POB 3044 **206-467-4800**  
Seattle 98114 **877-982-4292**  
Resource Center **877-824-1766**  
**DDA - Developmental** **800-462-3038**

**Disabilities Admin (DSHS)**  
*dshs.wa.gov/dda* **TTY 568-3038**  
*Michelle.Wolf@dshs.gov* *dshs.wa.gov/dda*

**Spokane DDA Field Office** **329-2900**  
1611 W Indiana, 99205 **800-462-0624**  
*DD1FSO@dshs.wa.gov* **TTY 568-3038**  
Supports and services for people 18+  
with developmental disabilities such  
as cerebral palsy, epilepsy, autism or  
other neurological issues.

**Clarkston DDA** **751-4637**  
525 5th, Clarkston 99403

**Tri County DDA** **866-715-3646**  
1100 S Main, Colville 99114 **685-5649**  
**Walla Walla DDA** **394-1069**  
1371 W Pine 99362

**Epilepsy Foundation NW** *epilepsy.com*  
*washington@efa.org* **206-547-4551**

**MultiCare Rockwood** *multicare.org*  
**Neurology Center** **342-3200**  
801 W 5th #323, 99204

**National Multiple Sclerosis Society (MS)**  
*FB@msnorthwest* **800-344-4867**  
*nationalmssociety.org*

**Providence Multiple Sclerosis Cntr**  
5633 N Lidgerwood, Ste 1800, 99208  
*providence.org* **252-1700**

**Providence St Luke's Rehab**  
711 S Cowley, 99202 **473-6681**

**Providence (Spokane)**  
**Epilepsy & Neurology Cntr** **474-6650**  
105 W 8th, Ste 318C, 99204

**Spokane CyberKnife & Radiation**  
**Oncology Cntr** 13424 E Mission, Ste B  
*spokanecyberknife.com* **321-4980**

## CANCER TREATMENT

*lungcanceralliance.org* *skincancer.org*  
*cancer.gov* *oralcancerfoundation.org*  
*liverfoundation.org* *lung.org*

**Washington (509)**  
**American Cancer Society**  
*cancer.org* **800-227-2345**

**Cancer Can't** *cancercant.com*  
Walnut and Mallon, 99201

POB 336, Four Lakes 99014 **731-3076**  
*cancercant@yahoo.com* **230-3525**

self-sustaining facility for cancer  
patients traveling to the Greater  
Spokane area for oncology care.

**Cancer Care NW** *cancercarenorthwest.com*  
1204 N Vercler, 99216 **228-1000**

**Downtown** 910 W 5th, Ste 102, 99204  
**North** 605 E Holland, Ste 100, 99218

**Providence Sacred Heart Medical**  
**Cntr** 101 W 8th, LL 3, 99204

**South Hill** 601 S Sherman, 99202  
**Spokane Valley** 1204 N Vercler, 99216

**Outreach Clinics:**  
**Chewelah** 410 E King, 99109

**Colville** Mt Carmel, 982 E Columbia, 99114  
**Ritzville** East Adams Hospital  
903 E Adams, 99169

**Moses Lake** 1550 S Pioneer, Ste 350, 98837  
**Inland Imaging** *inlandimaging.com*  
**Holy Family** 5715 N Lidgerwood, 99208  
**Northpointe Center**  
9631 N Nevada, Ste 101, 99218  
**Outpatient Based Interventional**  
**Center** 5715 N Lidgerwood, Lower Lvl  
**Providence Medical Park**  
16528 E Desmet, Ste A1300, 99216

**Sacred Heart Center**  
105 W 8th, Ste 100C, 99204

**South Cowley Cntr** 525 S Cowley, 99202  
**Spokane Valley Cntr** 12420 E Mission, 99216

**MultiCare Cancer & Blood Speciality**  
910 W 5th, Ste 700, 99204 **755-5800**

**North Spokane** **724-4440**  
309 E Farwell, Ste 100, 99218

**Cancer Pathways - Spokane**  
*Terri@cancerpathways.org*  
*cancerpathways.org/spokane*

Adult activities, support group.  
**Community Cancer Fund**

510 W Riverside, Ste 500, 99201  
*communitycancerfund.org* **855-998-4CCF**

**Providence Health Care Cancer**  
**Center Support, Treatment** **474-5490**  
105 W 8th, Ste 550E, 99204

**Summit Cancer Center** **462-2273**  
*summitcancercenters.com*

**Colfax** 200 W Fairview, 99111  
**Colville** 143 Garden Homes, 99114

**North Spokane** 6001 N Mayfair  
**Spokane Vly** 13424 E Mission, Ste A

**Idaho (208)**  
**Cancer Care NW** **754-3100**

**Kootenai Clinic Cancer Services**  
CDA - 700 W Ironwood, Ste 130  
Post Falls - 1440 E Mullan, 83854

**Summit Cancer Center** **462-2273**  
*summitcancercenters.com*

**Sandpoint** 414 Church, Ste 206

## DENTAL CLINICS

*finddentist.ada.org*

**Washington (509)**  
**CHAS Dental Clinic** *chas.org* **444-8200**  
2211 E Hartson 1502 N Vercler, 99216  
203 E Dalke 844 6th, Clarkston

**EWU Dental Hygiene Clinic** *ewu.edu*  
310 N Riverpoint Blvd, 99202

*dentalhygiene@ewu.edu* **828-1300**

**NEWA Health - Dental** **935-6004**  
**Colville** 161 E 3rd, 99114

**Lake Spokane** 5952 Blackstone  
Wy, Ste 100, Nine Mile Falls 99026

**Springdale** 105 N 2nd/POB 429, 99173  
**Riverside Dental Clinic** **292-2211**  
34705 N Newport Hwy, Ste B

Chattaroy 99003 *riversidemdc.com*  
**SonBridge** *Sonbridge.org* **956-3165**  
1200 SE 12, College Place 99324

**Unify Dental** *yvfwc.com*  
**NECC** 4001 N Cook, 99207 **326-4382**

**Family Medical Center** 525-0247  
1120 W Rose, Walla Walla 99362

**Idaho (208)**

**Heritage Health** *myheritagehealth.org*  
1090 W Park Pl, CdA 83814 292-0697

**Snake River Dental Clinic** 743-5899  
215 10th, Lewiston 83501

**FOUNDATIONS & UNIVERSAL  
HEALTH INSURANCE**

*healthcare.gov*

See in Veterans, Seniors & Disabilities

**Medicare/Medicaid** *benefitscheckup.org*  
*MyMedicare.gov* 800-MEDICARE

**Medicare Hotline** *medicare.gov*  
800-633-4227 TTY 877-486-2048

**Centers for Medicaid & Medicare  
Services** *cma.hhs.gov* 800-MEDICARE

**Coordinated Care** 877-644-4613  
TDD/TTY 866-862-9360

*coordinatedcarehealth.com*

**Office of the Inspector General**

**Fraud Hotline** 800-447-8477

**Medicare Customer Services**  
*medicare.gov* 800-663-4227

**US Dept of Health & Human Svcs**  
701 5th, Ste 600 *hhs.gov/ocr*  
Seattle 98101 TDD 800-537-7697

**Washington (509)**

**Apple Health** 877-644-461  
*hca.wa.gov/medicaid/Pages/index.aspx*

**WA HealthPlanFinder**  
Application 855-WAFINDER  
*wahealthplanfinder.org*

**Medicare** 458-7450/800-737-0617

Visit local CSO office of DSHS. Apple  
Health clients affected by the wildfires  
who have questions or problems can  
call their regional enrollment specialists  
for help. 877-644-4613

**Community Service Offices DSHS**  
*dshs.wa.gov* 877-980-9220

**1) Apple Health**  
**Molina Healthcare** *MeetMolinaWA.com*

800-869-7165 (TTY 711)  
22522 29th SE, Ste L210, Bothell 98021

*Robert.Stevens@MolinaHealthcare.com*

**Community Health Plan of  
Washington** 800-440-1561

*wecare.chpw.org* 866-907-1904  
*Marian.trevino@chpw.org* 218-5052

**Coordinated Plan** 844-644-4611

**2) Individual**  
**Aetna** 800-318-2596

**AMBetter** 877-687-1197  
TTY/TDD 877-941-9238  
*ambetter.coordinatedcarehealth.com*

**Asuris** 888-344-5593

**Bridgespan Plans** 855-857-9944

**Kaiser Permanente** 800-290-8900  
*kaiserpermanente.org*

**Member Services** 888-901-4636

**Lifewise Health of WA** 844-961-9845  
*lifewise.com* 800-817-3056 TDD/TTY 711

**Pacific Source** 888-691-9299  
855-931-0442/TTY 711  
*pacificsourcemembersfirst.com*

**Premera** 877-342-5268  
3900 E Sprague, 99202 800-722-1471

**Providence** 800-691-9299  
800-878-4445  
*providence.org*

**Regence** 888-367-2112

**3) Medicare Card** 800-722-1213  
*socialsecurity.gov/medicarecard/*

**Aetna** 855-355-1407/800-282-9366

**Asuris** 888-367-2109

**Humana** 800-457-4708

**Kaiser Permanente** 800-290-8900

**Molina Medicare** 800-869-7165

**Pacific Source** 866-282-8814

**Premera** 888-850-8525

**Providence** 833-408-8349

**United Health Care** 800-523-5800  
*alkiepe1@comcast.net* 934-7455  
*myuhcagent.com/tony.kiepe*

**Wellcare** 833-444-9088

**Wellpoint** - formerly Amerigroup  
705 5th S, Ste 300, Seattle 98104

*wellpoint.com* 866-805-4589  
*shanda.blunt@wellpoint.com* 405-1897

**Foundations**

**Better Health Together** 321-7500  
1209 W 1st, 99201

Tackles health inequities throughout

Eastern Washington. Works with more  
than 100 organizations across seven  
counties to promote practical solutions  
that meet the needs of people and  
communities. *betterhealthtogether.org*

**Empire Health Foundation**  
1020 W Riverside, 99201

POB 244, 99210 315-1323  
*empirehealthfoundation.org*

Invests in ideas and organizations that  
improve access, education, research,

public policy and wellness to improve  
overall health to the region's residents.

**Health Sciences and Services Authority  
(HSSA) of Spokane County** 474-0798

421 W Riverside, Ste 661, 99201

*info@hssaspokane.org* *hssaspokane.org*

Increases access to care through  
innovative and collaborative health care

delivery in the county, funding scientific  
research and infrastructure to grow the  
life science industry in Spokane.

**Multicare Inland NW Foundation**  
POB 5296, Tacoma 98415 253-403-7596

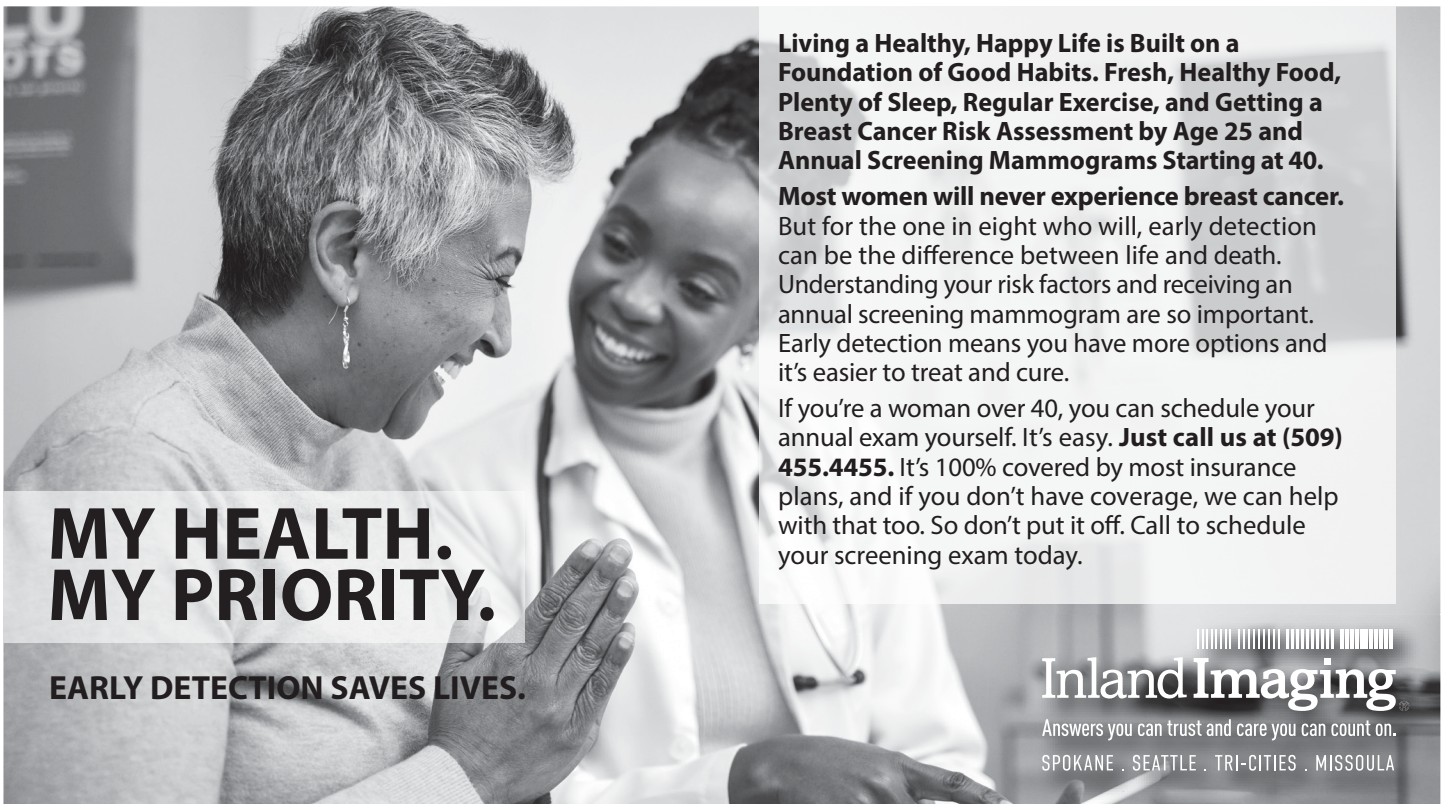
*carolyn.kadyk@multicare.org* 473-3596  
*danielle.brunson@multicare.org*

Priorities include NIC Unit, Behavior  
Health, Pulse Institute, Helping Hand,  
patient care at local Multicare hospitals  
and Rockwood clinics. *multicare.org*

**Providence Inland NW Foundation**  
101 W 8th, 99204 474-4917

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FFLC, 631 S Richard Allen Ct, #215 Spokane WA 99202 - 509-535-4112 - info@thefigtree.org



**MY HEALTH.  
MY PRIORITY.**

**EARLY DETECTION SAVES LIVES.**

**Living a Healthy, Happy Life is Built on a  
Foundation of Good Habits. Fresh, Healthy Food,  
Plenty of Sleep, Regular Exercise, and Getting a  
Breast Cancer Risk Assessment by Age 25 and  
Annual Screening Mammograms Starting at 40.**

**Most women will never experience breast cancer.**  
But for the one in eight who will, early detection  
can be the difference between life and death.  
Understanding your risk factors and receiving an  
annual screening mammogram are so important.  
Early detection means you have more options and  
it's easier to treat and cure.

If you're a woman over 40, you can schedule your  
annual exam yourself. It's easy. **Just call us at (509)  
455.4455.** It's 100% covered by most insurance  
plans, and if you don't have coverage, we can help  
with that too. So don't put it off. Call to schedule  
your screening exam today.

**Inland Imaging**  
Answers you can trust and care you can count on.  
SPOKANE . SEATTLE . TRI-CITIES . MISSOULA

providence.org Priorities include needs, behavior health & neuroscience, cancer care, cardiac care, rehab, rural health and spiritual care.

**St Mary Medical Cntr Charity Care**  
Poplar St b/w 7th & 5th **522-5804**  
Walla Walla 99362

### Idaho (208)

YourHealthIdaho.org

**Bonner Partners in Care 255-9099**

POB 751, Sandpoint 83864

bonnerpartnersincareclinic.org

**ID Dept of Insurance 800-247-4422**

2005 Ironwood Pkwy, Ste 143

Coeur d'Alene 83814 **208-666-6131**

doi.idaho.gov/shiba **800-247-4422**

**IDHW Medicaid 877-456-1233**

idalink.idaho.gov **Fraud 334-4100**

**Healthy Connections 666-6766**

Primary care case management

program for Idaho Medicaid.

**Regional Medicaid Services (RMS)**

Offers nurse reviewers, personal care

services, long term care, certified

family homes, Healthy Connections,

adult developmental disabilities

program. **769-1567**

### HEALTH EDUCATION & ASSNS

doh.wa.gov rhcaw.net wmc.

wa.gov hca.wa.gov

### Health, Higher Education

**CHAS Healthy Living 444-8200**

chas.org/servicesed

**Nurse Practitioner Residency Clinic**

15812 E Indiana, Ste 101

**Eastern Washington Area Health**

**Education Center ahec@ewu.edu**

601 E Riverside, 4th Flr, 99202

inside.ewu.edu/ewahec

Promotes health and wellness for

underserved and at-risk populations

through research, education and

community development.

**EWU Addiction Studies 828-1382**

Riverpoint Admin Center 239

668 N Riverpoint, 99202 ewu.edu

**EWU Aging Studies 828-1335**

inside.ewu.edu

**EWU Health, Wellness & Prevention**

201 URC, Cheney 99004 **359-4279**

**EWU Children's Studies 359-4549**

139 Senior Hall, Cheney 99004

ewu2.edu/cssprograms

Focuses on developmental learning

and social issues of children from birth

to pre-adolescence.

**EWU Disability Studies 359-6487**

208 Senior Hall, Cheney 99004

research.ewu.edu/sbjdisabilitystudy

**EWU Nursing Program**

SIERR Building, 850 E Spokane Falls

### GU School of Nursing & Human Physiology - Gonzaga University

502 E Boone, 99258 [gonzaga.edu/SNHP](http://gonzaga.edu/SNHP)

zaranski@gu.gonzaga.edu **313-3569**

**Providence providence.org**

**Community Wellness 473-6007**

1313 N Atlantic, Ste 4900, 99201

Resource for health education, weight

management, health screenings and

wellness programs. Includes registered

nurses, registered dietitians, exercise,

certified coaches and health educators.

**University of Washington School of**

**Medicine - GU Health Partnership**

820 E Spokane Falls **838-4689**

Mail: 850 E Spokane Falls, Ste124, 99202

[wspokane@uw.edu](http://wspokane@uw.edu)

[washington.edu/spokane/spokane-center](http://washington.edu/spokane/spokane-center)

**WSU Area Health Education Center**

[spokane.wsu.edu/extra/tag/wsu-area-health-education-center](http://spokane.wsu.edu/extra/tag/wsu-area-health-education-center)

**WSU Elson S Floyd College of**

**Medicine wsu.medicine@wsu.edu**

[medicine.wsu.edu](http://medicine.wsu.edu) **358-7944**

**WSU Health Sciences 324-7360**

POB 1495, 99210 [spokane.wsu.edu](http://spokane.wsu.edu)

Mail: 412 E Spokane Falls, 99202

**WSU Spokane Teaching Health**

624 E Front, 99210 **636-9900**

[spokane.wsu.edu/sthc](http://spokane.wsu.edu/sthc)

**Professional Assns, Medical wsma.org**

**Empowering People Incorporated**

8605 N Division Ste A, 99208

[empoweringpeopleinc@nurse-delegation.com](mailto:empoweringpeopleinc@nurse-delegation.com)

[nurse-delegation.com](http://nurse-delegation.com) **466-0216**

[FB@empoweringpeopleincorporated](mailto:FB@empoweringpeopleincorporated)

Center for nurse delegation and

education that educates and empowers

caregivers and facility owners.

**Inland Empire Nurses Assn (IENA)**

222 W Mission, Ste #231, 99201

[admin@IENAnurses.org](mailto:admin@IENAnurses.org)

[ienanurses.org](http://ienanurses.org) **328-8288**

Acts and speaks for the nursing

profession to promote and enhance

accountability and control of nursing

practice by the nursing profession.

**Inland Northwest AACN**

POB 2190, 99210 **492-2854**

[inwcaacn@gmail.com](mailto:inwcaacn@gmail.com) **935-8711**

[inwcaacn.nursingnetwork.com](http://inwcaacn.nursingnetwork.com)

Promotes, encourages and educates

critical, acute and progressive

care nurses in INW & Canada.

**Health Care for All (HCFA - WA)**

POB 30596 **206-289-0685**

Seattle 98113 <https://www.hcfawa.org>

[communications@hcfawa.org](mailto:communications@hcfawa.org)

**SEIU Health Care Local 1199 NW**

140 S Arthur #690, 99202

[seiu1199nw.org](http://seiu1199nw.org) **800-422-8934**

Includes registered nurses, licensed

practical nurses, pharmacists,

technicians, professionals, therapists,

mental health workers, certified nursing aides, housekeeping and dietary staff and other healthcare workers.

**SEIU 775 866-371-3200**

601 W Maxwell, 99201 **624-1174**

[mrc@seiu775.org](mailto:mrc@seiu775.org) [seiu775.org](http://seiu775.org)

Represents more than 45,000 long-

term care workers providing home

care, nursing home care and

residential services in Washington and

Montana.

**Spokane Cnty Medical Soc 325-5010**

318 E Rowan, Ste 209, 99207 [spcms.org](http://spcms.org)

**UFCW Local 3000 866-210-3000**

2805 N Market, 99207

**Whole Washington**

POB 27113, Seattle 98165

[info@wholewashington.org](mailto:info@wholewashington.org)

[wholewashington.org](http://wholewashington.org) **202-794-1943**

[FB@WholeWashington](mailto:FB@WholeWashington)

### HIV/AIDS PROGRAMS

**Washington (509)**

**Blue Mountain Heart to Heart**

5 W Alder, Ste 333/POB 40

Walla Walla 99362

[bluemountainheart.org](http://bluemountainheart.org) **529-4744**

**Clarkston Office 715-3556**

1368 Bridge, Ste A, Clarkston 99403

**CHAS HIV Clinics chas.org 444-8200**

1001 W 2nd 15812 E Indiana

5620 S Regal, Ste 11

**DOH HIV Client Svcs 877-376-9316**

[ask.EIP@doh.wa.gov](mailto:ask.EIP@doh.wa.gov)

**MultiCare Rockwood Internal Medicine**

& HIV Critical Care Clinic **598-7750**

400 E 5th, Ste 3N, 99202 [multicare.org](http://multicare.org)

**SAN Pride Community Center**

715 E Sprague #115, 99202 [sannw.org](http://sannw.org)

[spokaneaids@gmail.com](mailto:spokaneaids@gmail.com) **844-1758**

[FB@SpokaneAIDS](mailto:FB@SpokaneAIDS)

**SRHD HIV/STD Services srhd.org**

**Spokane Regional Health District**

1101 W College, 99201 **324-1542**

**HIV/Hepatitis Testing 324-1494**

**HIV Case Management 324-1542**

**HIV Pre-Exposure Prophylaxis**

(PrEP) Services **329-8490**

**Syringe Services 324-1686**

SW Entrance 2:30-4:30 pm, M- Th

**Idaho (208)**

**North Idaho Alliance of Care NIAC**

2201 N Gov't Wy, Ste E, 83814 **665-1448**

[niac89.org](http://niac89.org) MAT-NA [FB@NIAC83814](mailto:FB@NIAC83814)

### INTERNAL - CARDIOLOGY

**American Heart Assn heart.org**

**Washington (509)**

**MultiCare Pulse Heart Inst**

[pulseheartinstitute.org](http://pulseheartinstitute.org) **755-5500**

**Rehab 910 W 5th, Ste 650, 99204 473-7901**

**North Spokane 724-4100**

605 E Holland, Ste 212, 99218

### Spokane Valley

14408 E Sprague, 99216 **724-4800**

**Other Cardiology Services: 755-5500**

**Colfax 1200 W Fairview, 99111**

**Daville 250 Main, 99114**

**Davenport 10 Nicholls, 99122**

**Newport 714 W Pine, 99156**

**Ritzville 210 W Main, 99169**

**East Adams Hospital 903 S Adams**

**Walla Walla 55 W Tietan, 99362**

**Providence Spokane Heart Inst.**

Sacred Heart Medical Center, 62 W

7th, 99204 [providence.org](http://providence.org) **455-8820**

**Providence Cardiology 455-8820**

16528 E Desmet, Ste B3200, 99216

**Idaho (208)**

**MultiCare Pulse Heart Institute**

[pulseheartinstitute.org](http://pulseheartinstitute.org) **765-2610**

**CdA 980 W Ironwood, Ste 205, 83814**

**Lewiston 415 6th, 88501**

### INTERNAL - DIGESTIVE/DIET

[crohnscolitisfoundation.org/](http://crohnscolitisfoundation.org/)

[liverfoundation.org](http://liverfoundation.org) [aafa.org](http://aafa.org)

[foodallergy.org](http://foodallergy.org) [diabetes.org](http://diabetes.org)

[nafc.org](http://nafc.org) [simonfoundation.org](http://simonfoundation.org)

**Poison Control Center poison.org**

**TTY/Voice 800-222-1222**

**Washington (509)**

**MultiCare Rockwood Digestive Health**

[multicare.org](http://multicare.org) **755-5220**

**Downtown Spokane**

910 W 5th, Ste 501 & 570, 99204

**Spokane Valley 12401 E Sinto, 99216**

**Providence Internal Medicine 747-1144**

820 S McClellan, Ste 200 [providence.org](http://providence.org)

**Idaho (208)**

**Gritman Medical Center - Clinical**

**Nutrition & Diabetes Care 883-6341**

803 S Main, Ste 220, Moscow 83843

### PHARMACY AND

### PRESCRIPTION DRUGS

**Unexpired Prescription Drugs**

**Donation Prog-WA DOH doh.wa.gov**

[/sites/default/files/2023-09/690375-](https://sites/default/files/2023-09/690375-UnexpiredRXDonationProgram.pdf)

[UnexpiredRXDonationProgram.pdf](https://sites/default/files/2023-09/690375-UnexpiredRXDonationProgram.pdf)

**Drug Collection Permanent sites**

**DEA Diversion Control Division**

**800-882-9539**

[apps.deadiversion.usdoj.gov/](http://apps.deadiversion.usdoj.gov/)

[pubdispsearch/springjsessionid+1g917](http://pubdispsearch/springjsessionid+1g917)

[Cflzsas8NvLv8CAowh5bu3lgn0Qb1Zv](https://pubdispsearch/springjsessionid+1g917)

[yC.Web1?execution+e1s1](https://pubdispsearch/springjsessionid+1g917)



**General Information**

Main Line..... 509.324.1500  
 Toll Free ..... 888.535.0597  
 1101 West College Avenue, Spokane, WA 99201

**Administration**

Administrative Officer ..... 324.1512  
 Health Officer ..... 323.2855  
 Human Resources..... 324.1558  
 Finance ..... 324.1501  
 Financial Services (*payments/billing*) ..... 324.1601  
 Vital Records (*birth/death certificates*) .. 324.1601  
 Public Information/Communications ..... 324.1668

**Environmental Public Health**

Main Line ..... 324.1560  
 Liquid Waste (*septic systems*) ..... Ext. 1  
 Food Safety (*restaurants*) ..... Ext. 2  
 Solid Waste (*inspections and complaints*)Ext. 3  
 School Safety ..... Ext. 4  
 Water Rec. (*public pool/spa inspections*) Ext. 4  
 Environmental Resources (*land use, EnviroStars, site hazard assessment, water well drilling*)..... Ext. 6  
 Animal-Carried Diseases (*including animal bites*) ..... Ext. 7  
 Food Worker Cards ..... Ext. 8



**Preventive Public Health**

**Community Health**

ABCD Oral Health ..... 324.1687  
 Beginnings Matter ..... 324.1666  
 Children and Youth with Special Health Care Needs..... 324.1696  
 Community Health Workers ..... 324.1654  
 Early Support of Infants & Toddlers (*ESIT*).....  
 ..... 324.1651  
 Health Equity ..... 323.2836  
 Nurse-Family Partnership ..... 324.1621  
 Women, Infants and Children (*WIC*)..... 324.1620  
 Youth Cannabis & Commercial Tobacco Prevention ..... 324.1622

**Disease Prevention and Response**

Communicable Disease Epidemiology ... 324.1442  
 Data Center ..... 324.2853  
 Emergency Preparedness and Response 324.1673  
 HIV Case Management ..... 324.1542  
 HIV/STD Prevention: Testing ..... 324.1494  
 Immunization Assessment and Promotion.....  
 ..... 324.1611  
 Syringe Services (*M-Th, 2:30 - 4:30 p.m.*).....  
 ..... 324.1686  
 Tuberculosis..... 324.1613

**Treatment Services**

Opioid Treatment Services ..... 324.1420

**Safe Medication Return- WA DOH**

<https://doh.wa.gov/you-and-your-family/safe-medication-return>

**Managing pharmaceutical waste- WA Dept of Ecology** [ecology.wa.gov/Regulations-Permits/Guidance-technical-assistance/Dangerous-waste-guidance/Common-dangerous-waste/Pharmaceutical-waste](http://ecology.wa.gov/Regulations-Permits/Guidance-technical-assistance/Dangerous-waste-guidance/Common-dangerous-waste/Pharmaceutical-waste)

**PUBLIC HEALTH****Washington (509)**

**Washington Department of Health**  
[doh.wa.gov](http://doh.wa.gov) **800-525-0127**

**Language Assist/TTY** **800-525-0127**

**Spokane Regional Health Dist** [srhd.org](http://srhd.org)  
1101 W College, 99201 **324-1500**

Public health leader and partner that protects, improves and promotes health and well-being through evidence-based practices.

**Adams County Public Health Dept Integrated Health Care Svcs**

[co.adams.wa.us/departments/health.asp](http://co.adams.wa.us/departments/health.asp)

**Othello** 425 E Main, 99344 **488-2031**

**Ritzville** 108 W Main 99169 **659-3315**

**Asotin County Health Dist 243-3344**

102 1st/POB 306, 99402 MAT-NA  
[asotincountypublichealth.org](http://asotincountypublichealth.org)

**Columbia Cnty Public Health Dist**

270 E Main, Dayton 99328 **382-2181**  
[columbiaco.com/index.aspx?NID=18](http://columbiaco.com/index.aspx?NID=18)

**Garfield County Health Dept**

121 S 10th, Pomeroy 99347 **843-3412**  
[co.garfield.wa.us/health](http://co.garfield.wa.us/health)

**Lincoln County Health Dept 725-1001**

90 Nicholls, Davenport 99122  
[co.lincoln.wa.us/health](http://co.lincoln.wa.us/health) MAT-NA

**NE Tri-County Health Dist** [netchd.org](http://netchd.org)

240 E Dominion MAT-NA  
Colville 99114 **684-1301**

**Ferry County** MAT-BP & NA **775-3111**

147 N Clark, Ste 1/ POB 584, Republic 99166

**Pend Oreille County** MAT-NA

605 Hwy 20, Newport 99156 **447-3131**

**Walla Walla County Health Dept**

314 W Main [co.walla-walla.wa.us](http://co.walla-walla.wa.us)  
POB 1753, Walla Walla 99362 **524-2650**

**Whitman County Public Health**

[whitmancountypublichealth.org](http://whitmancountypublichealth.org)

**Colfax** MAT-NA

310 N Main, #108 **397-6280**

**Pullman** 99163 **332-6752**

1205 SE Pro Mall Blvd, # 203 MAT-NA

**Idaho (208)**

**Idaho Dept of Health & Welfare**  
[idahopublichealthdistricts.org](http://idahopublichealthdistricts.org)

**Panhandle Health Dist 800-878-2364**

8500 N Atlas, Hayden 83835  
[panhandlehealthdistrict.org](http://panhandlehealthdistrict.org) **415-5100**

Clinical Services **415-5270**

Environmental Health **415-5220**

Preparedness **415-5180**

**Benewah County 245-4556**

137 N 8th, St Maries 83861

**Bonner County 263-5159**

2101 W Pine, Sandpoint 83864

**Environmental Health 265-6384**

**Boundary County 267-5558**

7402 Caribou, Bonners Ferry 83805

**Shoshone Cnty 786-7474/ICP783-0707**

35 Wildcat Wy, Kellogg 83837

**Public Health ID-North Central Dist**

215 10th, Lewiston 83501 **866-736-6632**  
[idahopublichealth.com](http://idahopublichealth.com) **799-3100**

**Clearwater County 476-7850**

105 115th, Orofino 83544

**Idaho County 983-2842**

903 E Main, Grangeville 83530

**Latah County 882-7506**

E 333 Palouse River, Moscow 83843

**Lewis County 935-2124**

132 N Hill, Kamiah 83536

**PULMONARY & SLEEP**

[lung.org](http://lung.org) [aaafa.org](http://aaafa.org)

**Washington (509)****MultiCare Deaconess Sleep Lab**

800 W 5th [multicare.org](http://multicare.org) **473-7750**

**Kathryn Severyns Dement Sleep Disorders Center - Providence**

**St Mary Medical Center 897-2700**

401 W Poplar, Walla Walla 99362

**Providence** [providence.org](http://providence.org)

**Sleep Medicine - North 944-8971**

9631 N Nevada, Ste 300A, 99218

**Providence Pulmonary - South**

105 W 8th, Ste 512C, 99204 **474-2295**

**Sleep & Performance Research Cntr - WSU**

412 E Spokane Falls Blvd, 99202  
[medicine.wsu.edu](http://medicine.wsu.edu) **358-775**

**VISION: BLIND NESS & EYE GLASSES, LOW INCOME**

**Catholic Charities 358-4963**

**Spokane Central Lion Club 328-6900**

1212 N Howard, 99201 [scl-sh.org](http://scl-sh.org)

Eye glass donations. [not sure on status]

**Blind Services**

**Eyecare America 877-887-6327**

[aao.org/eyecare-america](http://aao.org/eyecare-america)

**National Center for the Blind**

[nfb.org](http://nfb.org) **410-659-9314**

**Day Out for the Blind Spokane**

1502 E Holyoke, 99217 **710-0841**

POB 7593, 99207 **484-8082/624-2850**

[FB@DayOutForTheBlindSpokane](http://FB@DayOutForTheBlindSpokane)

Activities: bingo, dancing and field trips.

**Lilac Services for the Blind**

1212 N Howard, 99201 **328-9116**

[contact@lilacblind.org](mailto:contact@lilacblind.org) [lilacblind.org](http://lilacblind.org)

Client-centered training, support

and optical aids offer independence and

active living with vision loss. Training for

safe and independent travel.

**Service Pets**

See Environment: Animals & Wildlife

**WA Dept of Services for the Blind**

Sherwood Bldg, 510 W Riverside, Ste  
209, 99201 [dsb.wa.gov](http://dsb.wa.gov)