

ENVIRONMENTAL RESOURCES

OUTDOORS

PARKS & RECREATION

Washington (509)

DISCOVERY PASS discoverpass.wa.gov

EXPERIENCE WASHINGTON
experiencewa.com **866-964-8913**

OUT THERE OUTDOORS PO Box 559, 99210
outthereoutdoors.com **822-0123**

editor@outtheremonthly.com

Inland NW guide to outdoor recreation & related issues about the environment.

OUTDOOR RECREATION AND ECONOMIC DEVELOPMENT **360-902-0488**

WA GOVERNOR'S POLICY ADVISORS

jon.snyder@gov.wa.gov

WA PARK & RECREATION ASSN wrpatoday.org

2150 N 107th, Ste 205 **206-361-8869**
Seattle 98133 wrpa@wrpatoday.org

Bureau of Land Management

(BLM) Recreation Areas blm.gov

OREGON WASHINGTON **503-808-6001**

1220 SW 3rd, Portland OR 97204
blm_or_so_land_office_mail@blm.gov

SPOKANE DISTRICT REC AREA OFFICE
1103 N Fancher, 99212 **536-1200**

City Parks

AIRWAY HEIGHTS **244-4845**
airwayheightsparksandrec.org

CHENEY **498-9250**

CHEWELAH larryfetter@gmail.com

COLVILLE **684-6037**

DAVENPORT **725-4352**

DEER PARK **276-8801**

cityofdeerparkwa.com

ELK COMMUNITY PARK **768-0418**
45201 N Elk Camden/POB 141, 99009

FB@ElkCommunityPark

LIBERTY LAKE libertylakewa.gov **755-6714**

MEDICAL LAKE **565-5007**

PULLMAN PARKS & REC **338-3227**

Pioneer Center, 240 SE Dexter, 99163
pullmanparksandrec.com

ROSALIA **523-3305**

SPOKANE PARKS & RECREATION **625-6200**
808 W Spokane Falls Blvd, 99201

my.spokanecity.org/parksrec

SPOKANE PARKS FOUNDATION **280-1664**

PO Box 8127, 99203
spokaneparksfoundation.org

SPOKANE VALLEY **720-5200**

parksandrec@spokanevalley.org

County Parks

ADAMS COUNTY PARK AND REC - DISTRICT 4

PO Box 251, Ritzville 99169
parksandrecreation_4@outlook.com

FB@Adams-County-Parks-Rec-District-4

LINCOLN COUNTY

COULEE AREA PARK AND RECREATION DISTRICT

PO Box 411, Grand Coulee 99133

couleeparks.com

PEND OREILLE COUNTY PARKS & RECREATION

pendoreille.org **447-4821/6457**

SPOKANE COUNTY PARK, REC & GOLF

404 N Havana, 99202 **477-4730**

spokanecounty.org

Provides recreation for youth, with adult softball, basketball, volleyball and swimming. Admittance fees for pool and lake sites and team entry fees based on activity or program.

WALLA WALLA CITY PARKS AND RECREATION

15 North 3rd, Walla Walla 99362

wallawallawa.gov **527-4527**

PRESCOTT JOINT PARK & RECREATION DIST

101 S D, Prescott 99348 **849-2314**

WAITSBURG PARK AND RECREATION DISTRICT

PO Box 35 Waitsburg 99361

waitsburgparks.org

WHITMAN COUNTY PARKS AND RECREATION

310 N Main, Colfax 99111 **397-6238**

Kamiak Butte **878-1869**

Wawawai County Park **334-3774**

Colfaxparks@colfaxwa.org **397-3861**

National Forest Service fs.fed.us

Contact Ranger stations for hiking, recreation and camping information.

PACIFIC NORTHWEST REGION **503-808-2468**

1220 SW 3rd, Portland OR 97204

COLVILLE NATIONAL FOREST **684-7000**

765 S Main, Colville 99114

KETTLE FALLS INFO CENTER **738-2300**

425 W 3rd, Kettle Falls 99141

NEWPORT RANGER DISTRICT **447-7300**

REPUBLIC RANGER DISTRICT **775-7400**

THREE RIVERS RANGER DISTRICT **738-7700**

UMATILLA NATIONAL FOREST

72510 Coyote **541-278-3716**

Pendleton OR 97801

BLUE MOUNTAIN INTERAGENCY FIRE CENTER

541-963-7171

After Hours: 541-786-5457

POMEROY RANGER DISTRICT **843-1891**

WALLA WALLA RANGER DIST **522-6290**

National Park Services

ICE AGE FLOODS NATIONAL GEOLOGIC TRAIL

1008 Crest, Coulee Dam 99116 **754-7800**

LAKE ROOSEVELT NATIONAL RECREATION AREA

754-7800

1008 Crest, Coulee Dam 99116

National Wildlife Refuge fws.gov

LITTLE PEND OREILLE **684-8384**

1310 Bear Creek lpo@fws.gov

Colville 99114

McNARY NWR 64 Maple, Burbank 99323

TURNBULL NWR

26010 S Smith, Cheney 99004

fws.gov/turnbull **235-4723**

Natl Wilderness Protected Areas

wilderness.net

JUNIPER DUNES WILDERNESS **536-1200**

PASAYTEN WILDERNESS **996-4003**

SALMO-PRIEST WILDERNESS **446-7500**

WENAH-TUCANNON **843-1891**

Natural Area Preserves/Natural Resources Conservation Areas

WA STATE DNR FRCD@dnr.wa.gov

Includes direct oversight of Spring Creek Canyon.

WASHINGTON NATURAL AREAS PROG - DNR

molly.jennings@dnr.wa.gov **925-0911**

NORTHEAST REGION **684-7474**

brett.walker@dnr.wa.gov

Pineroft NAP, Little Pend Oreille

River Natural Area Preserve,

Trombetta Canyon Natural Area

Preserve and Dishman Hills NRCA.

SOUTHEAST REGION **925-0911**

Kevin.Haydon@dnr.wa.gov

Includes Marcellus Shrub Steppe.

WA State DNR - Department of Natural Resources dnr.wa.gov

NORTHEAST REGION **684-7474**

225 S Silke, Colville 99114

northeast.region@dnr.wa.gov

Includes Little Pend Oreille Forest.

RECREATION & FACILITY ACCESS

rec-map.s3.amazonaws.com/index.html

Online navigation to campgrounds,

trail heads and day-use areas.

Washington State Parks - DNR

888-CAMPOUT (226-7688)

parks.state.wa.us/101

WA STATE PARKS FOUNDATION wspf.org

EASTERN REGION **665-4319**

270 Ninth NE, Ste 200

East Wenatchee 98802

CRAWFORD STATE PARK 10381 Boundary

Metaline Falls 99152 **446-4065**

CURLEW LAKE STATE PARK **775-3592**

62 State Park, Republic 99166

FIELDS SPRING STATE PARK

992 Park, Anatone 99401

LEWIS & CLARK TRAIL STATE PARK

36149 SR 12, Dayton 99328

MOUNT SPOKANE STATE PARK

26107 N Mt Spokane Park, Mead 99021

FRIENDS OF MT SPOKANE STATE PARK

c/o Ken Carmichael

10804 W Seven Mile, 99224

mountspokane.org **238-4258**

PALOUSE FALLS STATE PARK

100 SW Main **646-9218**

PO Box 541, Wastucna 99371

RIVERSIDE STATE PARK **465-5064**

9711 W Charles, Nine Mile Falls 99026

RIVERSIDE STATE PARK FOUNDATION

riversidestateparkfoundation@gmail.com

STEPTOE BATTLEFIELD STATE PARK **337-6457**

S Summit Lp, Rosalia 99170

STEPTOE BUTTE STATE PARK **360-902-8844**

WA Dept of Fish and Wildlife

(WDFW) wildthing@dfw.wa.gov

wdfw.wa.gov/lands/wildlife_areas/management_plans/ **360-902-2515**

Idaho (208)

City Parks

CdA cdaid.org/parks **769-2252**

GRANGEVILLE grangeville.us **983-2851**

LEWISTON cityoflewiston.org **746-2313**

MOSCOW ci.moscow.id.us **883-7084**

POST FALLS postfalls.gov **773-0539**

RATHDRUM rathdrum.org **687-2399**

SANDPOINT sandpointidaho.gov **263-3613**

Bureau of Land Management

(BLM) Recreation Areas blm.gov

US DEPT OF THE INTERIOR **373-3889**

1387 S Vinnell, Boise 83709

blm_id_stateoffice@blm.gov

COEUR D'ALENE DISTRICT REC AREA OFF

3815 Schreiber, 83815 **769-5000**

Elclark@blm.gov BLM_ID_Coeur-dAleneOffice@blm.gov

COTTONWOOD FIELD OFF

2 Butte, 83522 **962-3245**

BLM_ID_CottonwoodOffice@blm.gov

County Parks Departments

BONNER COUNTY PARKS

bonnercountyid.gov **255-5681x4**

BOUNDARY COUNTY PARKS & REC **304-3603**

PO Box 3044, Bonner Ferry 83805

KOOTENAI COUNTY PARKS & **446-1275**

WATERWAYS co.kootenai.id.us/

LATAH COUNTY PARKS & REC **883-5709**

Robinson Park, 5168 Robinson Park

Moscow 83843 latah.id.us/parks_rec

NEZ PERCE COUNTY PARKS & REC - DEPT OF PLANNING & BUILDING

Brammer Bldg, 1225 Idaho/POB 896

Lewiston 83501 **799-3089**

PANHANDLE PARKS FOUNDATION

212 Ironwood, Ste D PMB 124

Coeur d'Alene 83814 **446-4813**

panhandleparks@gmail.com

panhandleparksfoundation.org

SHOSHONE COUNTY PARKS

Public Works Dept **753-5475**

700 Bank, Ste 35, Wallace 83873

Idaho State Dept of Parks & Rec

888-9-CAMPID (922-6743)

parksandrecreation.idaho.gov

NORTH IDAHO REGION **769-1511**

2885 Kathleen, Ste 1, CdA 83815

IDAHO FRIENDS OF STATE PARKS

idahofriends.org

COEUR D'ALENE'S OLD MISSION STATE PARK
Exit 39 I-90 **682-3814**
DWORSHAK DAM & STATE PARK **476-5994**
9934 Freeman Creek, Lenore 83541
FARRAGUT STATE PARK **683-2425**
13550 E Hwy 54, Athol 83801
HELLS GATE STATE PARK **799-5015**
5100 Hells Gate, Lewiston 83501
HEYBURN STATE PARK **686-1308**
57 Chatcolet, Plummer 83851
MCCROSKEY STATE PARK **686-1308**
PRIEST LAKE STATE PARK **443-2200**
314 Indian Creek Park, Coolin 83821
ROUND LAKE STATE PARK **263-3489**
1880 Dufort, Sagle 83860

National Wildlife Refuge

KOOTENAI NWR **267-3888**
287 Westside, Bonners Ferry 83805
fw1kootenaiNWR@fws.gov
fws.gov/refuge/kootenai

National Forest Service *fs.fed.us*
NORTHERN REGION **406-329-3511**
Federal Bldg, 200 E Broadway
PO Box 7669, Missoula MT 59807
IDAHO PANHANDLE NATIONAL FOREST
3815 Schreiber **765-7223**
Coeur d'Alene 83815
WILDLAND FIRE CENTER **772-3283**
BONNERS FERRY RANGER DIST **267-5561**
COEUR D'ALENE RIVER RANGER DISTRICT
Fernan Office **664-2318**
Silver Valley Office **783-2363**
PRIEST LAKE RANGER DISTRICT **443-2512**
SANDPOINT RANGER DISTRICT **263-5111**
ST JOE RANGER DISTRICT **245-2531**
Avery Office **245-4517**
NEZ PERCE-CLEARWATER NF **935-2513**
903 3rd, Kamiah 83536
LOCHSA/POWELL RANGER DISTRICT
Lochsa Ranger Station **926-4274**
Powell Ranger Station **942-3113**
MOOSE CREEK RANGER DIST **926-4258**
NORTH FORK RANGER DISTRICT **476-4541**
PALOUSE RANGER DISTRICT **875-1131**
RED RIVER RANGER DISTRICT **842-2245**
SALMON RIVER RANGER DIST **839-2211**

National Park Services

HELLS CANYON NAT'L RECREATION AREA
fs.usda.gov **758-0616/541-523-6391**
LEWIS & CLARK TRAIL **402-661-1804**
601 Riverfront, Omaha NE 68102
NEZ PERCE NAT'L HISTORICAL PARK **843-7009**
39063 US Hwy 95, Lapwai 83540
OREGON NATIONAL HISTORIC TRAIL
National Trails Intermountain Region
801-741-1012
PO Box 728, Santa Fe NM 87504

Natl Wilderness Protected Areas
wilderness.net
GOSPEL-HUMP WILDERNESS

842-2245/839-2211
SELWAY-BITTERROOT WILDERNESS **926-4274/**
3113/4258/476-4541/842-2245

YOUTH OUTDOORS EDUCATION

Washington (509)

Boy Scouts of America

INLAND NW COUNCIL nwscouts.org
411 W Boy Scout Wy, 99201
inwinfo@bsaemail.org **325-4562**
Youth development program for ages
6-18 to learn citizenship, personal
fitness, leadership, good character
and outdoor recreation.

Camp Fire Inland Northwest

409 N Argonne, Spokane Valley 99216
Campfire@campfireinc.org
campfireinc.org **747-6191x10**
Spring and summer camp of school-
day, Thrive & STEM programming and
clubs. Summer day and camping open
to boys and girls, children with special
needs, women and families, feature
outdoor activities and leadership
programs. Camps for rent for retreats,
reunions and business picnics.
CAMP DART-LO 14000 N Dartford, 99208

Camp Wooten Retreat Center

2711 Tucannon **360-902-8600**
Pomeroy 99347 **360-843-1080**

Chewelah Peak Learning Center

3215 Flowery Trail **935-7400**
Chewelah 99109 awsplearning-centers.org/chewelahpeak
Provides low-cost opportunities for
school children to explore leadership
and environmental issues. A year-
round, 380-bed host facility with
staffed kitchen, 50 miles north of
Spokane near 49 Degrees North Ski.

EnviroKids' Club [sites.google.com/](http://sites.google.com/site/spokaneenvirokids)

solidwaste@spokanecity.org
Free club for Spokane County children
grades K-6. Members explore aspects
of the environment through quarterly
newsletter that includes fun activities
and notices of local events related to
the environment.

Friends of Turnbull National

Wildlife Refuge **487-3358**
26010 S Smith fotnwr.org
PO Box 294, Cheney 99004
Invites volunteers to help with and
raise funds to support environmental
education programs on and off
refuge; operates a nature store. Open
weekends April- October.

Girl Scouts of

747-8091
EASTERN WASHINGTON AND NORTHERN IDAHO
(GSEWNI) customer-care@gsewni.org
1404 N Ash St, 99201 gsewni.org
Brings dreams of girls of various
backgrounds to life as they work
together to build a better world,
whether it is to hike, make friends
or advocate for climate justice.

Junior Grange Camp

For kids ages 9-14, no grange affiliation.
CAMP NEWA aliciabuckles@gmail.com
2580 Pend Oreille Lake, Colville
CAMP WOOTEN campwooten1@gmail.com
2711 Tucannon, Pomeroy 99347

Northwest Survival School

2695 Meadow Creek **655-1356**
lone 99139 **415-686-3787**
travis@northwestsurvivalschool.com
comnorthwestsurvivalschool.com
Survival training for all with
consulting, environments, team
building, certified instructors and
wilderness education.

Peak 7 Adventures

467-5550
PO Box 349, Mead 99017
SPOKANE WAREHOUSE peak7.org
1409 W White, 99224
Serves primarily under-privileged and
at-risk youth in WA and OR. Provides
experiences of outdoor adventures in
rafting, kayaking, hiking and camping.
Low cost and scholarships offered.

REI Outdoor School

328-9900
1125 N Monroe, 99201 rei.com
Outdoor program & outreach.

Spokane Parks & Rec

625-6200
808 W Spokane Falls, 99201
my.spokanecity.org/parksrec
CORBIN KIDS SUMMER CAMP
507 W 7th **625-6677**
Fine arts and classes for adults and
children 2-11. Fees apply.

Student Conservation Assn-SCA

thesca.org **206-693-3147**
PO Box 18497, Seattle 98118
High school and college volunteers
protect and preserve the environment
through conservation projects.

Union Gospel Mission Camp

6088 Martha Boardman **258-4257**
Ford 99013 uniongospelmission.org/camp
Partners with local churches to provide
free summer camp for children from
low-income neighborhoods. Rental info
at uniongospelmission.org/camp-rental.

University Outdoor Rec

EWU EPIC ADVENTURES **359-4014**
150 Rec Center, Cheney 99004
inside.ewu.edu_epicadvent@ewu.edu
GONZAGA OUTDOORS **313-4189**
Hemmingson Center 015
outdoors@zagmail.gonzaga.edu
WHITWORTH OUTDOOR REC **777-4561**
300 W Hawthorne, 99251
whitworthoutdoors@gmail.com
WHITMAN OUTDOOR PROGRAM
[whitman.edu/life-at-whitman/](http://whitman.edu/life-at-whitman/outdoor-program)
outdoor-program
WSU - OUTDOOR RECREATION CENTER
Student Recreation Center on
North Fairway Dr **335-1892**
Pullman 99163 urec@wsu.edu

Washington Conservation Corps

Restores critical habitat, builds trails,
and respond to local and national
disasters. ecology.wa.gov

Washington Trails Association

Backcountry Response Team

[wta.org/volunteer/schedule/?types=](http://wta.org/volunteer/schedule/?types=Backcountry%20Response%20Team)
Backcountry%20Response%20Team

YMCA Camp Reed

ymcainw.org
Mail: 1126 N Monroe, 99201
campreed@ymcainw.org **777-9622**
Traditional children's summer camp
on Fan Lake, 30 miles N of Spokane
for children and teens ages 6 to 15
including mini-camp, counselor-in-
training program and family camp.

Idaho (208)

Boy Scouts of America - Camps

INLAND NW COUNCIL
nwscouts.org **509-325-4562**
CAMP EASTON
23516 S Hwy 97, Harrison 83833
CAMP GRIZZLY
1101 Palouse River, Harvard 83834

Camp Fire Inland Northwest

campfireinc.org **509-47-6191**
CAMP SWEYOLAKAN
Mica Bay, Lake Coeur d'Alene

Camp Four Echoes - Girl Scouts

22177 S Four Echoes **664-6827**
Worley 83876 **509-474-8091**
customer-care@gsewni.org gsewni.org
Located on the shore of Lake Coeur
d'Alene. Offers waterfront activities,
STEM skill building and opportunities
to explore nature. Provides varied
camp options for girls grades 1-12,
including special activities, crafts,
songs and campfires.

Camp Kaniksu hospiceofnorthidaho.org

HOSPICE OF NORTH IDAHO 772-7994
2290 W Prairie, Coeur d'Alene 83815
Children ages 6-16 experiencing a loss
through death. Offers a safe place to
work through grief while having fun
in a supportive environment.

Camp Stidwell Sandpoint Kiwanis
Tango Cafe, 414 Church 255-6645
PO Box 1186, Sandpoint 83864
sandpointkiwanis@gmail.com
sandpointkiwanis.org mvale@nctv.com
FB@ SandpointKiwanis
Three rustic (tent or RV) camp
locations, with capacity 50-70.
Rustic basic amenities and shelter.
Emphasizes getting kids into nature,
hiking and on the waterfront.

Eureka Institute 263-2217
Mountain Retreat: 6162 Eureka
Sagle 83860 eureka-institute.org
Org HQ: 502 Cedar, Ste I
Sandpoint 83864 265-4000
info@eureka-institute.org
Children's summer camp and
confidence building with games,
activities and workshops for ages
8-17 with camping, hiking, biking,
swimming and crafts.

Idaho Conservation Corps
6051 W Corporal 541-349-5055
Boise 8374 idahocc.org
info@idahocc.org
Offers a challenging education and
job-training experience that helps
youth and young adults from diverse
backgrounds develop the skills they
need to lead full and productive lives.

Natural Connections Academy
5827 W Conkling, Worley 83876
414 Coeur d'Alene, Ste E 428-6224
naturalconnectionsacademy.net

**Selkirk Outdoor Leadership and
Education (SOLE) 928-351-7653**
1255 Meadowood, Sandpoint 83864
info@soleexperiences.org
soleexperiences.org

Twin Eagles Wilderness School
433 Cedar Springs 265-3685
Sandpoint 83864 twineagles.org
Offers nature connection mentoring
programs to youth and adults
throughout Inland NW, including
summer camps.

University Outdoor Rec
LEWIS-CLARK (LEWISTON) OUTDOOR
ADVENTURES PROGRAM lscs.edu/campus-

recreation/lscs-outdoor-adventures
outdooradventures@lscs.edu 792-2670
NIC CAMPUS RECREATION 769-5939
swrc@nic.edu nic.edu
UI OUTDOOR PROGRAM 885-6810
1000 Paradise Creek, Moscow 83843
tgfulton@uidaho.edu
uidaho.edu/current-students-campus-
recreation/outdoor-program

Western Pleasure Ranch
1413 Upper Gold Creek 263-9066
Sandpoint 83864 888-863-9066
stay@westernpleasureranch.com
westernpleasureranch.com

RECREATION

Washington (509)
GOLF CLASSICS/TOURNAMENTS, CHARITY
cancercarenorthwest.com/ccnw-
foundation-annual-golf-classic
FB: cottonclassic lilacblind.org/golf
hospiceofspokane.org/giving/
foregolftournament.com/charity-golf-
tournament fundraising-events/
scramble-for-hospice
kh.org/foundation-golf-tournament
wahospitality.org/wra-events-
spokane-golf-tournamentthepnga.org
HOOPFEST spokanehoopfest.net
421 W Riverside, Ste 115, 99201 624-2414
LILAC CITY ROLLER DERBY
lilacityrollerderby.com
FB: LilacCityRollerGirls
SPIKE & DIG spikeanddig.com
SPOKANE FENCERS UNLIMITED
2710 N Madelia, 99207 891-1344
spokane-fencers-unlimited.com
SPOKANE SPORTS COMMISSION 456-5812
201 W North River, Ste 130, 99201
spokanesports.org
SPOKATOPIA spokatopia.com 822-0123
shallan@outtheremonthly.com
ULTIMATE FRISBEE
discnw.org usultimate.org/local
SPOKANE ULTIMATE FRISBEE
FB: 97129417452
WALLA WALLA VALLEY ULTIMATE
wwultimate.com

Athletic & Fitness Centers
MUV FITNESS - ST LUKE'S REHAB
DOWNTOWN 809 W Main, 99207
SOUTH 5501 S Regal, 99223
NORTH 603 E Holland, 99218
EAST 14927 Sprague, 99216
YMCA 777-YMCA (9622)
ymcainw.org
CENTRAL 930 N Monroe, 99201
NORTH 10727 N Newport Hwy, 99218
SOUTH 2921 E 57th, 99223

SPOKANE VALLEY 2421 N Discovery, 99216
Biking cyclecelebration.com
evergreeneast.org spokefest.org
wabikes.org pullmanchamber.com
rivercitycycling.org
BADDLANDS CYCLING CLUB 456-0432
PO Box 8202, 99202 baddlands.org
BICYCLE ADVISORY BOARD
rshea@spokanecity.org
my.spokanecity.org 625-6087/6331
BIKING BETTIES OF THE INLAND NW
FB: 303630576452095
SHACKTOWN COMMUNITY CYCLE 332-1264
611 W 2nd, 99201 FB: shacktowncomm
shacktownbnb@gmail.com
SPOKANE BICYCLE CLUB 990-1474
PO Box 8802, 99203
FB@spokanebicycleclub
spokanebicycleclub.org
SPOKANE BIKE SWAP & EXPO
spokanebikeswapvolunteers@
gmail.com spokanebikeswap.com
SUMMER PARKWAYS summerparkways.com
WHEELSHARE 625-6087
wheelshare@spokanecity.org
li.me spin.app

Bicycling Events, Charity
BLAZING 100 - ROTARY OF COLVILLE
Blazing100.org
CHAPE 150 GRAN FONDO chafe150.org
8 LAKES BIKE RIDE - LCSNW
lcsnw.org/8-lakes-bike-ride/
ROTARY IN MOTION - LIBERTY LAKE
rotaryinmotion.com
SPOKANE AURORA NW ROTARY CLUB LILAC
CENTURY lilaccentury.com

Hiking & Climbing trails.com
alltrails.com pnt.org
FB: Inland-Northwest-Trails-Coalition
meetup.com/Inland-Northwest-Hikers
trailink.com/city/Spokane-wa-trail
washingtonstatetrailscoalition.org
BACKCOUNTRY HORSEMEN OF WA
Supports equestrian rights and
recreation on public lands.
INLAND EMPIRE CHAPTER bchw.org
Inland NW Wildlife Council
6116 N Market 951-9225/ 991-8322
POB 14371, Spokane Valley 99214
FERRY COUNTY CHPT BCHW 775-9998
POB 1124, Republic 99166 fccbchw.com
NE CHAPTER 360 385-6364
Clayton Grange nebchw.com
4478 Railroad, Clayton 99110
PO Box 3094, Deer Park 99006
PONDEROSA pbchw.com 466-2225
POB 1184, Airway Heights 99001
BILL CHIPMAN PALOUSE TRAIL - PULLMAN CIVIC
TRUST PO Box 322, Pullman 99163
pullmancivictrust.org

COLUMBIA PLATEAU TRAIL SP 646-9218
100 SW Main, Washtucna 99371
EASTERN WASHINGTON 838-7078
ORIENTEERING CLUB ewoc.org
PO Box 944, 99210 624-2155
FERRY COUNTY RAIL TRAIL PARTNERS
POB 3, Malo 99150 ferrycountytrail.com
FRIENDS OF THE BLUFF
POB 30771, 99223 friendsofthebluff.org
FRIENDS OF THE CENTENNIAL TRAIL
PO Box 351, 99210 624-7188
friends@spokanecentennialtrail.org
spokanecentennialtrail.org
FRIENDS OF FANCHER FB: 425561341923670
friendsofthefancher@gmail.com
FRIENDS OF PALISADES FB@palisadesnw
POB 19382, 99219 friendsofpalisades.com
friends@friendsofpalisades.com
NORTHEAST WA TRAILS 684-4571
c/o Tri-County Economic Develop
District, 986 S Main, Ste A
Colville 99114 800-776-7318
trails@teddonline.com
newwashingtontrails.com
PALOUSE TO CASCADES TRAIL COALITION
PO Box 3011, Winthrop 98862
PTCTCoalition@gmail.com 337-6457
palousetocascadestrail.org
TRAIL RUNNING kaniksufamily.com
active.com ultrasignup.com
Kaniksultras.com mudfactor.com
mountainmagicrun.com nsplit.com
palouseroadrunners.com ccc50K.com
WASHINGTON TRAILS ASSOCIATION
705 2nd, Ste 300 wta.org
Seattle 98104 206-625-1367

Meditation/Yoga Training
bookyogaretreats.com yogafit.com
mainstream-mindfulness.com
beyoutifulhotyoga.com
harmonyyoga.com yogaalliance.org
falun-inlandnw.org/practice-sites
mellowmonkeyyoga.net
spokaneyogashala.com

Mountain Biking, Events
FB: michael-ds-eatery/hilly-nilly-gravel-series
midnightcentury.com nationalmtb.org
raceroster.com/events/2023/72112/
wednesday-night-mountaiin-bike-
race-series fws.gov/nwrs
washingtonleague.org

Rail Riders
PEND OREILLE VALLEY RAIL RIDERS-LIONS CLUB
POB 2305, Priest River 83856
sporttrainrides@gmail.com
FB: LionsRailriders

Recreation Equipment Rentals
CHECK OUT WASHINGTON- SPOKANE COUNTY
LIBRARY DISTRICT scld.org/check-out-wa
LIBRARY OF THINGS - SPOKANE LIBRARIES

spokanelibrary.org

Running

spokaneswifts.com
bloomsdayrun.org brrc.net
ScenicHalf.com gotrspokane.org
spokanedistanceproject.com
Kanikusfamily.com nxnwrelays.com
Mojntainmagicrun.com
FB@Run-Perry-Run-Club
priestlakerace.com flyingirish.org
thespokanemarathon.com
FB@362706093924931
WALKS & FUN RUNS, CHARITIES jdrf.org
lilacityvolks.com spokaneriverrun.com
relayforlife.org stepout.diabetes.org
stridesforstrongbones.org
summerparkways.com
unitedwayofnorthidaho.org/springdash

Water Sports

uscanoec.com
washingtonkayakclub.org wrrr.org
flow-adventures.com
northwestwhitewater.org
spokanewatertrail.org
spokanerowing.org Swimthesnake.org

Winter Sports

pnsa.org
ski49n.com lfcsc.org
gossra.org inwcurling.com
mtspokane.com spokanenordic.org

Venues

BEASLEY COLISEUM beasley.wsu.edu
925 NE Fairway, Pullman 99163 **335-3526**
ONE SPOKANE STADIUM
509 W Gardner, 99201 **279-7000**
spokanestadium.com
SPOKANE VETERANS MEMORIAL ARENA
720 W Mallon, 99201 spokanearena.com
THE PODIUM 500 W Dean **279-7000**
UNION STADIUM **465-6000**
2323 E Farwell Rd, Mead 99021

Idaho (208)

Athletic & Fitness Centers

LIGHTHOUSE YMCA **777-YMCA**
1905 Pine, Sandpoint 83864
SALVATION ARMY KROC CENTER
1765 W Golf Course **667-1865**
Coeur d'Alene 83815 kroccda.org
Offers group exercise classes, art and
dance, youth education, swim lessons
and water polo. info@kroccda.org

Biking cdaid.org lewisclarkmpo.org
lakecitytrailalliance.com
pendoreillepedalers.com

Hiking & Mountain Climbing

pnt.org idahotrailassociation.org
BACKCOUNTRY HORSEMEN OF ID bchi.org
NORTH CENTRAL IDAHO

FB: BCHofNorthCentrallIdaho
PALOUSE palousebch.org **596-1222**
PANHANDLE jkkimball01@gmail.com
POB 1903, Hayden 83835 pbch.org
PRIEST RIVER VALLEY BCH
prvbch.com **448-1045**
SELKIRK
FB@Selkirkvalleybackcountryhorsemen
TWIN RIVERS twinriversbch.com
ED CORKHILL TRAIL kendrick-juliaetta.org
FRIENDS OF THE COEUR D'ALENE TRAILS
PO Box 804 friendsofcdatrails.org
Wallace 83873 **691-9169**
IDAHO STATE DEPT OF PARKS & REC
888-9CAMPID (922-6743)

parksandrecreation.idaho.gov
Coeur d'Alene Parkway **699-2224**
Trail of Coeur d'Alenes **682-3814**
LATAH TRAIL FOUNDATIONlatahtrail.org
PO Box 8155, Moscow 83843
NORTH ID CENTENNIAL TRAIL FOUNDATION
105 N 1st, Ste 100, CdA 83814
info@nictf.org itsmytrail.com **292-1634**

Meditation/Yoga Training

cdapoweryoga.com yasodharayoga.org

Mountain Biking, Events

roundandround.com silvermt.com
trekcd.com ridethehiawatha.com

Trail & Running

priestlake.com/smokechaser
unitedwayofnorthidaho.org/springdash
runforthehills.me
trailmaniacs.com ultrasignup.com
haydenlakemarathon ronman.com

Water Sports

wrafters.org
americanwhitewater.org
idahowhitewater.org idahorivers.org
ieswim.org longbrigeswim.org

Winter Sports

GEAR SWAP winterswap.org
sars.net skilookout.com
schweitzer.com silvermt.com

OUTDOORS

PARKS & RECREATION

Washington (509)

DISCOVERY PASS discoverpass.wa.gov
EXPERIENCE WASHINGTON
experiencewa.com **866-964-8913**
OUT THERE OUTDOORS PO Box 559, 99210
outthereoutdoors.com **822-0123**
editor@outtheremonthly.com
Inland NW guide to outdoor recreation
& related issues about the environment.
OUTDOOR RECREATION AND ECONOMIC
DEVELOPMENT **360-902-0488**
WA GOVERNOR'S POLICY ADVISORS

jon.snyder@gov.wa.gov

WA PARK & RECREATION ASSN wrpatoday.org
2150 N 107th, Ste 205 **206-361-8869**
Seattle 98133 wrpa@wrpatoday.org

Bureau of Land Management

(BLM) Recreation Areas blm.gov
OREGON WASHINGTON **503-808-6001**
1220 SW 3rd, Portland OR 97204
blm_or_so_land_office_mail@blm.gov
SPOKANE DISTRICT REC AREA OFFICE
1103 N Fancher, 99212 **536-1200**

City Parks

AIRWAY HEIGHTS **244-4845**
airwayheightsparksandrec.org
CHENEY **498-9250**
CHEWELAH larryfetter@gmail.com
COLVILLE **684-6037**
DAVENPORT **725-4352**
DEER PARK **276-8801**
cityofdeerparkwa.com
ELK COMMUNITY PARK **768-0418**
45201 N Elk Camden/POB 141, 99009
FB@Elk Community Park
LIBERTY LAKE libertylakewa.gov **755-6714**
MEDICAL LAKE **565-5007**
PULLMAN PARKS & REC **338-3227**
Pioneer Center, 240 SE Dexter, 99163
pullmanparksandrec.com
ROSALIA **523-3305**
SPOKANE PARKS & RECREATION **625-6200**
808 W Spokane Falls Blvd, 99201
my.spokanecity.org/parksrec
SPOKANE PARKS FOUNDATION **280-1664**
PO Box 8127, 99203
spokaneparksfoundation.org
SPOKANE VALLEY **720-5200**
parksandrec@spokanevalley.org

County Parks

ADAMS COUNTY PARK AND REC - DISTRICT 4
PO Box 251, Ritzville 99169
parksandrecreation_4@outlook.com
FB@Adams-County-Parks-Rec-District-4
LINCOLN COUNTY
COULEE AREA PARK AND RECREATION DISTRICT
PO Box 411, Grand Coulee 99133
couleeparks.com
PEND OREILLE COUNTY PARKS & RECREATION
pendoreille.org **447-4821/6457**
SPOKANE COUNTY PARK, REC & GOLF
404 N Havana, 99202 **477-4730**
spokanecounty.org
Provides recreation for youth, with
adult softball, basketball, volleyball
and swimming. Admittance fees for
pool and lake sites and team entry
fees based on activity or program.
WALLA WALLA CITY PARKS AND RECREATION
15 North 3rd, Walla Walla 99362
wallawallawa.gov **527-4527**

PRESKOTT JOINT PARK & RECREATION DIST
101 S D, Prescott 99348 **849-2314**
WAITSBURG PARK AND RECREATION DISTRICT
PO Box 35 Waitsburg 99361
waitsburgparks.org

WHITMAN COUNTY PARKS AND RECREATION
310 N Main, Colfax 99111 **397-6238**
Kamiak Butte **878-1869**
Wawawai County Park **334-3774**
COLFAX parks@colfaxwa.org **397-3861**

National Forest Service fs.fed.us

Contact Ranger stations for hiking,
recreation and camping information.
PACIFIC NORTHWEST REGION **503-808-2468**
1220 SW 3rd, Portland OR 97204
COLVILLE NATIONAL FOREST **684-7000**
765 S Main, Colville 99114
KETTLE FALLS INFO CENTER **738-2300**
425 W 3rd, Kettle Falls 99141
NEWPORT RANGER DISTRICT **447-7300**
REPUBLIC RANGER DISTRICT **775-7400**
THREE RIVERS RANGER DISTRICT **738-7700**
UMATILLA NATIONAL FOREST
72510 Coyote **541-278-3716**
Pendleton OR 97801
BLUE MOUNTAIN INTERAGENCY FIRE CENTER
541-963-7171
After Hours: **541-786-5457**
POMEROY RANGER DISTRICT **843-1891**
WALLA WALLA RANGER DIST **522-6290**

National Park Services

ICE AGE FLOODS NATIONAL GEOLOGIC TRAIL
1008 Crest, Coulee Dam 99116 **754-7800**
LAKE ROOSEVELT NATIONAL
RECREATION AREA **754-7800**
1008 Crest, Coulee Dam 99116

National Wildlife Rfuge fws.gov

LITTLE PEND OREILLE **684-8384**
1310 Bear Creek lpo@fws.gov
Colville 99114
McNARY NWR 64 Maple, Burbank 99323
TURNBULL NWR
26010 S Smith, Cheney 99004
fws.gov/turnbull **235-4723**

Natl Wilderness Protected Areas

wilderness.net
JUNIPER DUNES WILDERNESS **536-1200**
PASAYTEN WILDERNESS **996-4003**
SALMO-PRIEST WILDERNESS **446-7500**
WENAH-TUCANNON **843-1891**

Natural Area Preserves/Natural Resources Conservation Areas

WA STATE DNR FRCD@dnr.wa.gov
Includes direct oversight of Spring
Creek Canyon.
WASHINGTON NATURAL AREAS PROG - DNR
molly.jennings@dnr.wa.gov **925-0911**
NORTHEAST REGION **684-7474**
brett.walker@dnr.wa.gov

Pinecroft NAP, Little Pend Oreille River Natural Area Preserve, Trombetta Canyon Natural Area Preserve and Dishman Hills NRCA.
SOUTHEAST REGION 925-0911
 Kevin.Haydon@dnr.wa.gov
 Includes Marcellus Shrub Steppe.

WA State DNR - Department of Natural Resources *dnr.wa.gov*
NORTHEAST REGION 684-7474
 225 S Silke, Colville 99114
northeast.region@dnr.wa.gov
 Includes Little Pend Oreille Forest.

RECREATION & FACILITY ACCESS
rec-map.s3.amazonaws.com/index.html
 Online navigation to campgrounds, trail heads and day-use areas.

Washington State Parks - DNR
888-CAMPOUT (226-7688)
parks.state.wa.us/101

WA STATE PARKS FOUNDATION *wspf.org*
EASTERN REGION 665-4319

270 Ninth NE, Ste 200
 East Wenatchee 98802

CRAWFORD STATE PARK 10381 Boundary
 Metaline Falls 99152 **446-4065**

CURLEW LAKE STATE PARK
 62 State Park, Republic 99166
775-3592

FIELDS SPRING STATE PARK
 992 Park, Anatone 99401

LEWIS & CLARK TRAIL STATE PARK
 36149 SR 12, Dayton 99328

MOUNT SPOKANE STATE PARK
 26107 N Mt Spokane Park, Mead 99021

FRIENDS OF Mt SPOKANE STATE PARK
 c/o Ken Carmichael
 10804 W Seven Mile, 99224

mountspokane.org **238-4258**

PALOUSE FALLS STATE PARK
 100 SW Main **646-9218**

PO Box 541, Wastucna 99371

RIVERSIDE STATE PARK **465-5064**
 9711 W Charles, Nine Mile Falls 99026

RIVERSIDE STATE PARK FOUNDATION
riversidestateparkfoundation@gmail.com
riversidestatepark.org

STEPTOE BATTLEFIELD STATE PARK **337-6457**
 S Summit Lp, Rosalia 99170

STEPTOE BUTTE STATE PARK **360-902-8844**

WA Dept of Fish and Wildlife (WDFW) *wildthing@dfw.wa.gov*
wdfw.wa.gov/lands/wildlife_areas/management_plans/ **360-902-2515**

Idaho (208)

City Parks
 CdA *cdaid.org/parks* **769-2252**

GRANGEVILLE *grangeville.us* **983-2851**

LEWISTON *cityoflewiston.org* **746-2313**

MOSCOW *ci.moscow.id.us* **883-7084**

POST FALLS *postfalls.gov* **773-0539**

RATHDRUM *rathdrum.org* **687-2399**

SANDPOINT *sandpointidaho.gov* **263-3613**

Bureau of Land Management (BLM) Recreation Areas *blm.gov*
US DEPT OF THE INTERIOR 373-3889

1387 S Vinnell, Boise 83709
blm_id_stateoffice@blm.gov

COEUR D'ALENE DISTRICT REC AREA OFF
 3815 Schreiber, 83815 **769-5000**

Elclark@blm.gov *BLM_ID_Coeur-*
dAleneOffice@blm.gov

COTTONWOOD FIELD OFF
 2 Butte, 83522 **962-3245**

BLM_ID_CottonwoodOffice@blm.gov

County Parks Departments

BONNER COUNTY PARKS
bonnercountyid.gov **255-5681x4**

BOUNDARY COUNTY PARKS & REC **304-3603**
 PO Box 3044, Bonner Ferry 83805

KOOTENAI COUNTY PARKS & **446-1275**

WATERWAYS *co.kootenai.id.us/*
LATAH COUNTY PARKS & REC **883-5709**

Robinson Park, 5168 Robinson Park
 Moscow 83843 *latah.id.us/parks_rec*

NEZ PERCE COUNTY PARKS & REC - DEPT OF
PLANNING & BUILDING

Brammer Bldg, 1225 Idaho/POB 896
 Lewiston 83501 **799-3089**

PANHANDLE PARKS FOUNDATION
 212 Ironwood, Ste D PMB 124

Coeur d'Alene 83814 **446-4813**
panhandleparks@gmail.com

panhandleparksfoundation.org

SHOSHONE COUNTY PARKS
 Public Works Dept **753-5475**

700 Bank, Ste 35, Wallace 83873

Idaho State Dept of Parks & Rec
888-9-CAMPID (922-6743)

parksandrecreation.idaho.gov

NORTH IDAHO REGION **769-1511**
 2885 Kathleen, Ste 1, CdA 83815

IDAHO FRIENDS OF STATE PARKS
idahofriends.org

COEUR D' ALENE'S OLD MISSION STATE PARK
 Exit 39 I-90 **682-3814**

DWORSHAK DAM & STATE PARK **476-5994**
 9934 Freeman Creek, Lenore 83541

FARRAGUT STATE PARK **683-2425**
 13550 E Hwy 54, Athol 83801

HELLS GATE STATE PARK **799-5015**
 5100 Hells Gate, Lewiston 83501

HEYBURN STATE PARK **686-1308**
 57 Chatcolet, Plummer 83851

MCCROSKEY STATE PARK **686-1308**

PRIEST LAKE STATE PARK **443-2200**
 314 Indian Creek Park, Coolin 83821

ROUND LAKE STATE PARK **263-3489**
 1880 Dufort, Sagle 83860

National Wildlife Refuge
KOOTENAI NWR 267-3888
 287 Westside, Bonners Ferry 83805
fw1KootenaiNWR@fws.gov
fws.gov/refuge/kootenai

National Forest Service *fs.fed.us*
NORTHERN REGION 406-329-3511

Federal Bldg, 200 E Broadway
 PO Box 7669, Missoula MT 59807

IDAHO PANHANDLE NATIONAL FOREST
 3815 Schreiber **765-7223**

Coeur d'Alene 83815

WILDLAND FIRE CENTER **772-3283**
BONNERS FERRY RANGER DIST **267-5561**

COEUR D'ALENE RIVER RANGER DISTRICT
 Fernan Office **664-2318**

Silver Valley Office **783-2363**
PRIEST LAKE RANGER DISTRICT **443-2512**

SANDPOINT RANGER DISTRICT **263-5111**
ST JOE RANGER DISTRICT **245-2531**

Avery Office **245-4517**
NEZ PERCE-CLEARWATER NF **935-2513**

903 3rd, Kamiah 83536

LOCHSA/POWELL RANGER DISTRICT
 Lochsa Ranger Station **926-4274**

Powell Ranger Station **942-3113**
MOOSE CREEK RANGER DIST **926-4258**

NORTH FORK RANGER DISTRICT **476-4541**
PALOUSE RANGER DISTRICT **875-1131**

RED RIVER RANGER DISTRICT **842-2245**
SALMON RIVER RANGER DIST **839-2211**

National Park Services

HELLS CANYON NAT'L RECREATION AREA
fs.usda.gov **758-0616/541-523-6391**

LEWIS & CLARK TRAIL **402-661-1804**
 601 Riverfront, Omaha NE 68102

NEZ PERCE NAT'L HISTORICAL PARK **843-7009**
 39063 US Hwy 95, Lapwai 83540

OREGON NATIONAL HISTORIC TRAIL
 National Trails Intermountain Region

801-741-1012
 PO Box 728, Santa Fe NM 87504

Natl Wilderness Protected Areas
wilderness.net

GOSPEL-HUMP WILDERNESS
842-2245/839-2211

SLEWY-BITTERROOT WILDERNESS **926-4274/**
3113/4258/476-4541/842-2245

YOUTH OUTDOORS EDUCATION

Washington (509)

Boy Scouts of America

INLAND NW COUNCIL *nwscouts.org*
 411 W Boy Scout Wy, 99201

inwcnfo@bsaemail.org **325-4562**

Youth development program for ages

6-18 to learn citizenship, personal fitness, leadership, good character and outdoor recreation.

Camp Fire Inland Northwest

409 N Argonne, Spokane Valley 99216

Campfire@campfireinc.org
campfireinc.org **747-6191x10**

Spring and summer camp of school-

day, Thrive & STEM programming and clubs. Summer day and camping open

to boys and girls, children with special needs, women and families, feature

outdoor activities and leadership programs. Camps for rent for retreats,

reunions and business picnics.
CAMP DART-LO 14000 N Dartford, 99208

Camp Wooten Retreat Center
 2711 Tucannon **360-902-8600**

Pomeroy 99347 **360-843-1080**

Chewelah Peak Learning Center

3215 Flowery Trail **935-7400**
 Chewelah 99109 *awsplearning-*

centers.org/chewelahpeak

Provides low-cost opportunities for

school children to explore leadership

and environmental issues. A year-

round, 380-bed host facility with

staffed kitchen, 50 miles north of

Spokane near 49 Degrees North Ski.

EnviroKids' Club *sites.google.com/*
site/spokaneenvirokids
solidwaste@spokanecity.org
 Free club for Spokane County children

JOIN A TROOP OR VOLUNTEER TODAY!

girl scouts
 of eastern washington
 and northern idaho

GSEWNI.ORG

grades K-6. Members explore aspects of the environment through quarterly newsletter that includes fun activities and notices of local events related to the environment.

Friends of Turnbull National Wildlife Refuge 487-3358
26010 S Smith *fotnwr.org*
PO Box 294, Cheney 99004
Invites volunteers to help with and raise funds to support environmental education programs on and off refuge; operates a nature store. Open weekends April- October.

Girl Scouts of 747-8091
EASTERN WASHINGTON AND NORTHERN IDAHO (GSEWNI) *customercare@gsewni.org*
1404 N Ash St, 99201 *gsewni.org*
Brings dreams of girls of various backgrounds to life as they work together to build a better world, whether it is to hike, make friends or advocate for climate justice.

Junior Grange Camp
For kids ages 9-14, no grange affiliation.
CAMP NEWA *aliciabuckles@gmail.com*
2580 Pend Oreille Lake, Colville
CAMP WOOTEN *campwooten1@gmail.com*
2711 Tucannon, Pomeroy 99347

Northwest Survival School 655-1356
2695 Meadow Creek lone 99139 415-686-3787
travis@northwestsurvivalschool.com
comnorthwestsurvivalschool.com
Survival training for all with consulting, environments, team building, certified instructors and wilderness education.

Peak 7 Adventures 467-5550
PO Box 349, Mead 99017
SPOKANE WAREHOUSE *peak7.org*
1409 W White, 99224
Serves primarily under-privileged and at-risk youth in WA and OR. Provides experiences of outdoor adventures in rafting, kayaking, hiking and camping. Low cost and scholarships offered.

REI Outdoor School 328-9900
1125 N Monroe, 99201 *rei.com*
Outdoor program & outreach.

Spokane Parks & Rec 625-6200
808 W Spokane Falls, 99201
my.spokanecity.org/parksrec
CORBIN KIDS SUMMER CAMP
507 W 7th 625-6677
Fine arts and classes for adults and children 2-11. Fees apply.

Student Conservation Assn-SCA
thesca.org 206-693-3147
PO Box 18497, Seattle 98118
High school and college volunteers protect and preserve the environment through conservation projects.

Union Gospel Mission Camp
6088 Martha Boardman 258-4257
Ford 99013 *uniongospelmission.org/camp*
Partners with local churches to provide free summer camp for children from low-income neighborhoods. Rental info at *uniongospelmission.org/camp-rental*.

University Outdoor Rec
EWU EPIC ADVENTURES 359-4014
150 Rec Center, Cheney 99004
inside.ewu.edu/epicadvent@ewu.edu
GONZAGA OUTDOORS 313-4189
Hemmingson Center 015
outdoors@zagmail.gonzaga.edu
WHITWORTH OUTDOOR REC 777-4561
300 W Hawthorne, 99251
whitworthoutdoors@gmail.com
WHITMAN OUTDOOR PROGRAM
whitman.edu/life-at-whitman/outdoor-program
WSU - OUTDOOR RECREATION CENTER
Student Recreation Center on North Fairway Dr 335-1892
Pullman 99163 *urec@wsu.edu*

Washington Conservation Corps
Restores critical habitat, builds trails, and respond to local and national disasters. *ecology.wa.gov*

Washington Trails Association Backcountry Response Team
wta.org/volunteer/schedule/?types=Backcountry%20Response%20Team

YMCA Camp Reed *ymcainw.org*
Mail: 1126 N Monroe, 99201
campreed@ymcainw.org 777-9622
Traditional children's summer camp on Fan Lake, 30 miles N of Spokane for children and teens ages 6 to 15 including mini-camp, counselor-in-training program and family camp.

Idaho (208)
Boy Scouts of America - Camps
INLAND NW COUNCIL
nwscouts.org 509-325-4562
CAMP EASTON
23516 S Hwy 97, Harrison 83833
CAMP GRIZZLY
1101 Palouse River, Harvard 83834

Camp Fire Inland Northwest
campfireinc.org 509-47-6191

CAMP SWEYOLAKAN
Mica Bay, Lake Coeur d'Alene

Camp Four Echoes - Girl Scouts
22177 S Four Echoes 664-6827
Worley 83876 509-474-8091
customercare@gsewni.org *gsewni.org*
Located on the shore of Lake Coeur d'Alene. Offers waterfront activities, STEM skill building and opportunities to explore nature. Provides varied camp options for girls grades 1-12, including special activities, crafts, songs and campfires.

Camp Kaniksu *hospiceofnorthidaho.org*
HOSPICE OF NORTH IDAHO 772-7994
2290 W Prairie, Coeur d'Alene 83815
Children ages 6-16 experiencing a loss through death. Offers a safe place to work through grief while having fun in a supportive environment.

Camp Stidwell Sandpoint Kiwanis
Tango Cafe, 414 Church 255-6645
PO Box 1186, Sandpoint 83864
sandpointkiwanis@gmail.com
sandpointkiwanis.org *mvale@nctv.com*
FB@ SandpointKiwanis
Three rustic (tent or RV) camp locations, with capacity 50-70. Rustic basic amenities and shelter. Emphasizes getting kids into nature, hiking and on the waterfront.

Eureka Institute 263-2217
Mountain Retreat: 6162 Eureka
Sagle 83860 *eureka-institute.org*
Org HQ: 502 Cedar, Ste I
Sandpoint 83864 265-4000
info@eureka-institute.org
Children's summer camp and confidence building with games, activities and workshops for ages 8-17 with camping, hiking, biking, swimming and crafts.

Idaho Conservation Corps
6051 W Corporal 541-349-5055
Boise 8374 *idahocc.org*
info@idahocc.org
Offers a challenging education and job-training experience that helps youth and young adults from diverse backgrounds develop the skills they need to lead full and productive lives.

Natural Connections Academy
5827 W Conkling, Worley 83876
414 Coeur d'Alene, Ste E 428-6224
naturalconnectionsacademy.net

Selkirk Outdoor Leadership and Education (SOLE) 928-351-7653
1255 Meadowood, Sandpoint 83864
info@soleexperiences.org
soleexperiences.org

Twin Eagles Wilderness School
433 Cedar Springs 265-3685
Sandpoint 83864 *twineagles.org*
Offers nature connection mentoring programs to youth and adults throughout Inland NW, including summer camps.

University Outdoor Rec
LEWIS-CLARK (LEWISTON) OUTDOOR ADVENTURES PROGRAM *lcs.edu/campus-recreation/lcsc-outdoor-adventures*
outdooradventures@lcs.edu 792-2670
NIC CAMPUS RECREATION 769-5939
swrc@nic.edu *nic.edu*
UI OUTDOOR PROGRAM 885-6810
1000 Paradise Creek, Moscow 83843
tgfulton@uidaho.edu
uidaho.edu/current-students-campus-recreation/outdoor-program

Western Pleasure Ranch
1413 Upper Gold Creek 263-9066
Sandpoint 83864 888-863-9066
stay@westernpleasureranch.com
westernpleasureranch.com

RECREATION

Washington (509)
GOLF CLASSICS/TOURNAMENTS, CHARITY
cancercarenorthwest.com/ccnw-foundation-annual-golf-classic
FB: cottonclassic *lilacblind.org/golf*
hospiceofspokane.org/giving/foregolftournament.com/charity-golf-tournament *fundraising-events/scramble-for-hospice*
kh.org/foundation-golf-tournament
wahospitality.org/wra-events-spokane-golf-tournamentthepnga.org
HOOPFEST *spokanehoopfest.net*
421 W Riverside, Ste 115, 99201 624-2414
LILAC CITY ROLLER DERBY
lilaccityrollerderby.com
FB: LilacCityRollerGirls
SPIKE & DIG *spikeanddig.com*
SPOKANE FENCERS UNLIMITED
2710 N Madelia, 99207 891-1344
spokanefencersunlimited.com
SPOKANE SPORTS COMMISSION 456-5812
201 W North River, Ste 130, 99201
spokanesports.org
SPOKATOPA *spokatopia.com* 822-0123
shallan@outtheremonthly.com
ULTIMATE FRISBEE

discnw.org usultimate.org/local
SPOKANE ULTIMATE FRISBEE
 FB: 97129417452
WALLA WALLA VALLEY ULTIMATE
 wwultimate.com

Athletic & Fitness Centers

MUV FITNESS - ST LUKE'S REHAB
DOWNTOWN 809 W Main, 99207
SOUTH 5501 S Regal, 99223
NORTH 603 E Holland, 99218
EAST 14927 Sprague, 99216
YMCA 777-YMCA (9622)
 ymcainw.org
CENTRAL 930 N Monroe, 99201
NORTH 10727 N Newport Hwy, 99218
SOUTH 2921 E 57th, 99223
SPOKANE VALLEY 2421 N Discovery, 99216

Biking cyclecelebration.com
 evergreeneast.org spokefest.org
 wabikes.org pullmanchamber.com
 rivercycling.org
BADDLANDS CYCLING CLUB 456-0432
 PO Box 8202, 99202 baddlands.org
BICYCLE ADVISORY BOARD
 rshea@spokanecity.org
 my.spokanecity.org 625-6087/6331

BIKING BETTIES OF THE INLAND NW
 FB: 303630576452095
SHACKTOWN COMMUNITY CYCLE 332-1264
 611 W 2nd, 99201 FB: shacktowncomm
 shacktownbnb@gmail.com

SPOKANE BICYCLE CLUB 990-1474
 PO Box 8802, 99203
 FB@spokanebicycleclub
 spokanebicycleclub.org

SPOKANE BIKE SWAP & EXPO
 spokanebikeswapvolunteers@
 gmail.com spokanebikeswap.com
SUMMER PARKWAYS summerparkways.com
WHEELSHARE 625-6087
 wheelshare@spokanecity.org
 li.me spin.app

Bicycling Events, Charity

BLAZING 100 - ROTARY OF COLVILLE
 Blazing100.org
CHAFE 150 GRAN FONDO chafe150.org
8 LAKES BIKE RIDE - LCSNW
 lcsnw.org/8-lakes-bike-ride/
ROTARY IN MOTION - LIBERTY LAKE
 rotaryinmotion.com

SPOKANE AURORA NW ROTARY CLUB LILAC CENTURY
 lilaccentury.com

Hiking & Climbing

trails.com
 alltrails.com pnt.org
 FB: Inland-Northwest-Trails-Coalition
 meetup.com/Inland-Northwest-Hikers
 trailink.com/city/Spokane-wa-trail
 washingtonstatetrailscoalition.org
BACKCOUNTRY HORSEMEN OF WA

Supports equestrian rights and recreation on public lands.

INLAND EMPIRE CHAPTER bchw.org
 Inland NW Wildlife Council
 6116 N Market 951-9225/ 991-8322
 POB 14371, Spokane Valley 99214

FERRY COUNTY CHPT BCHW 775-9998
 POB 1124, Republic 99166 fccbchw.com
NE CHAPTER 360 385-6364
 Clayton Grange nebchw.com
 4478 Railroad, Clayton 99110
 PO Box 3094, Deer Park 99006

PONDEROSA pbchw.com 466-2225
 POB 1184, Airway Heights 99001
BILL CHIPMAN PALOUSE TRAIL - PULLMAN CIVIC TRUST PO Box 322, Pullman 99163
 pullmancivictrust.org

COLUMBIA PLATEAU TRAIL SP 646-9218
 100 SW Main, Washtucna 99371
EASTERN WASHINGTON 838-7078
ORIENTEERING CLUB ewoc.org
 PO Box 944, 99210 624-2155

FERRY COUNTY RAIL TRAIL PARTNERS
 POB 3, Malo 99150 ferrycountyrailtrail.com
FRIENDS OF THE BLUFF
 POB 30771, 99223 friendsofthebluff.org

FRIENDS OF THE CENTENNIAL TRAIL
 PO Box 351, 99210 624-7188
 friends@spokanecentennialtrail.org
 spokanecentennialtrail.org

FRIENDS OF FANCHER FB: 425561341923670
 friendsofthefancher@gmail.com
FRIENDS OF PALISADES FB@palisadesnw
 POB 19382, 99219 friendsofpalisades.com
 friends@friendsofpalisades.com

NORTHEAST WA TRAILS 684-4571
 c/o Tri-County Economic Develop
 District, 986 S Main, Ste A
 Colville 99114 800-776-7318
 trails@teddonline.com
 newwashingtontrails.com

PALOUSE TO CASCADES TRAIL COALITION
 PO Box 3011, Winthrop 98862
 PTCTCoalition@gmail.com 337-6457
 palousetocascadestrail.org

TRAIL RUNNING kaniksfamily.com
 active.com ultrasignup.com
 Kaniksuultras.com mudfactor.com
 mountainmagicrun.com nsplit.com
 palouseroadrunners.com ccs50K.com
WASHINGTON TRAILS ASSOCIATION
 705 2nd, Ste 300 wta.org
 Seattle 98104 206-625-1367

Meditation/Yoga Training

bookyogaretreats.com yogafit.com
 mainstream-mindfulness.com
 beyoutifultohotyoga.com
 harmonyyoga.com yogaalliance.org
 falun-inlandnw.org/practice-sites
 mellowmonkeyyoga.net
 spokaneyogashala.com

Mountain Biking, Events

FB: michael-ds-eatery/hilly-nilly-gravel-series
 midnightcentury.com nationalmtb.org
 raceroster.com/events/2023/72112/
 wednesday-night-mountain-bike-
 race-series fws.gov/nwrs
 washingtonleague.org

Rail Riders

PEND OREILLE VALLEY RAIL RIDERS-LIONS CLUB
 POB 2305, Priest River 83856
 sporttrainrides@gmail.com
 FB: LionsRailriders

Recreation Equipment Rentals

CHECK OUT WASHINGTON- SPOKANE COUNTY LIBRARY DISTRICT scl.d.org/check-out-wa
LIBRARY OF THINGS - SPOKANE LIBRARIES
 spokanelibrary.org

Running

spokaneswifts.com
 bloomsdayrun.org brrc.net
 Scenichalf.com gotrspokane.org
 spokanedistanceproject.com
 Kaniksfamily.com nxnwrelays.com
 Mojntainmagicrun.com
 FB@ Run-Perry-Run-Club
 priestlakerace.com flyingirish.org
 thespokanemarathon.com
 FB@ 362706093924931

WALKS & FUN RUNS, CHARITIES jdfr.org
 lilaccityvolks.com spokaneriverrun.com
 relayforlife.org stepout.diabetes.org
 stridesforstrongbones.org
 summerparkways.com
 unitedwayofnorthidaho.org/springdash

Water Sports

uscaneo.com
 washingtonkayakclub.org wrrr.org
 flow-adventures.com
 northwestwhitewater.org
 spokanewatertrail.org
 spokanerowing.org Swimthesnake.org

Winter Sports

pnsa.org
 ski49n.com lcfc.org
 gossra.org inwcurling.com
 mtspokane.com spokanenordic.org

Venues

BEASLEY COLISEUM beasley.wsu.edu
 925 NE Fairway, Pullman 99163 335-3526

ONE SPOKANE STADIUM

509 W Gardner, 99201 279-7000
 spokanestadium.com
SPOKANE VETERANS MEMORIAL ARENA
 720 W Mallon, 99201 spokanearena.com
THE PODIUM 500 W Dean 279-7000
UNION STADIUM 465-6000
 2323 E Farwell Rd, Mead 99021

Idaho (208)

Athletic & Fitness Centers

LIGHTHOUSE YMCA 777-YMCA
 1905 Pine, Sandpoint 83864
SALVATION ARMY KROC CENTER
 1765 W Golf Course 667-1865
 Coeur d'Alene 83815 krocdda.org
 Offers group exercise classes, art and dance, youth education, swim lessons and water polo. info@krocdda.org

Biking cdaid.org lewisclarkmpo.org
 lakecitytrailalliance.com
 pendoreillepedalers.com

Hiking & Mountain Climbing

pnt.org idahotrailsassociation.org
BACKCOUNTRY HORSEMEN OF ID bchi.org
NORTH CENTRAL IDAHO
 FB: BCHofNorthCentralIdaho
PALOUSE palousebch.org 596-1222
PANHANDLE jkkimball01@gmail.com
 POB 1903, Hayden 83835 pbch.org
PRIEST RIVER VALLEY BCH
 prvbch.com 448-1045

SELKIRK
 FB@Selkirkvalleybackcountryhorsemen
TWIN RIVERS twinriversbch.com
ED CORKHILL TRAIL kendrick-juliaetta.org
FRIENDS OF THE COEUR D'ALENE TRAILS
 PO Box 804 friendsofcdatrails.org
 Wallace 83873 691-9169
IDAHO STATE DEPT OF PARKS & REC
 888-9CAMPID (922-6743)

parksandrecreation.idaho.gov
 Coeur d' Alene Parkway 699-2224
 Trail of Coeur d'Alenes 682-3814
LATAH TRAIL FOUNDATIONlatahtrail.org
 PO Box 8155, Moscow 83843
NORTH ID CENTENNIAL TRAIL FOUNDATION
 105 N 1st, Ste 100, CdA 83814
 info@nictf.org itsmytrail.com 292-1634



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 For Healthy Living
 For Social Responsibility**

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 FIND YOUR PURPOSE
 FIND YOUR Y**

ymcainw.org



Meditation/Yoga Training

cdapoweryoga.com yasodharayoga.org

Mountain Biking, Events

*roundandround.com silvermt.com
trekcda.com ridethehiawatha.com*

Trail & Running

*priestlake.com/smokechaser
unitedwayofnorthidaho.org/springdash
runforthehills.me
trailmaniacs.com ultrasignup.com
haydenlakemarathon ronman.com*

Water Sports

*wrafters.org
americanwhitewater.org
idahowhitewater.org idahorivers.org
ieswim.org longbrigeswim.org*

Winter Sports

GEAR SWAP *winterswap.org*
sars.net skilookout.com
schweitzer.com silvermt.com